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Community | news | events | health | lifestyle | reviews | activities | and much more
Lakes, Bay & Region February 27 2016 Vol. 11 Also Available Online
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PRIME MINISTER VISITS MANGO HILL

TOPIC: SELFIES

HELP PLAN MORETON BAY REGION'S CREATIVE FUTURE

DECISIVE ACTION TO CONFRONT ZIKA THREAT

QUEENSLAND MUSIC FESTIVAL SEEKING YOUNG FILM SCORERS

EXPERIENCE WWI HISTORY AT FORT LYTTON

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LEONIE ON:
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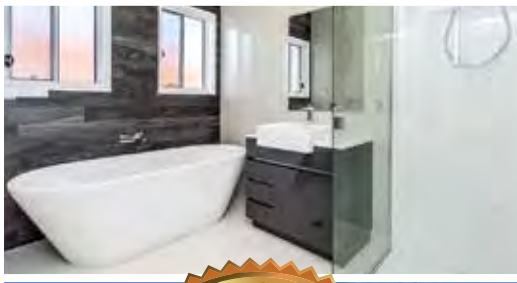
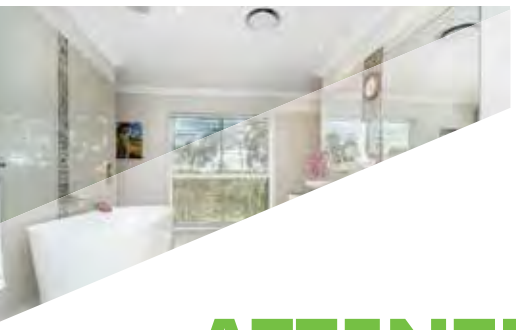

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The Messenger is dedicated to the community and we welcome contributions from residents, community groups, schools, sporting groups, the private sector and institutions of higher education.
Email your reports and pictures to Editor Dan Fidler via:
editor@northlakesmessenger.com.au

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Queensland Music Festival seeks young film scorers

High school students across Queensland could work with a Hollywood composer, or hear musicians play their composition live, thanks to Queensland Music Festival's popular film scoring competition Score IT!

Now an annual event, Score IT! is cureently running until 20 May 2016 and challenges students across the state to create an original composition to accompany a short animation produced by Griffith Film School.

This year's entries will be judged by a panel of experts including renowned Brisbane-born, Los Angeles-based composer Cameron Patrick. Mr Patrick has a long list of credits including, motion pictures such as Inside Out, Jurassic World, Star Trek Into Darkness and many others.

There are three categories for entry: Score IT! Junior (Years 7-10), Score IT! Senior (Years 10-12), and Score IT! Plus (Years 7-12).

Score IT! is free to enter. To register and for more information visit qmf.org.au/scoreit

Competition Closes, Fri 20 May, 2016

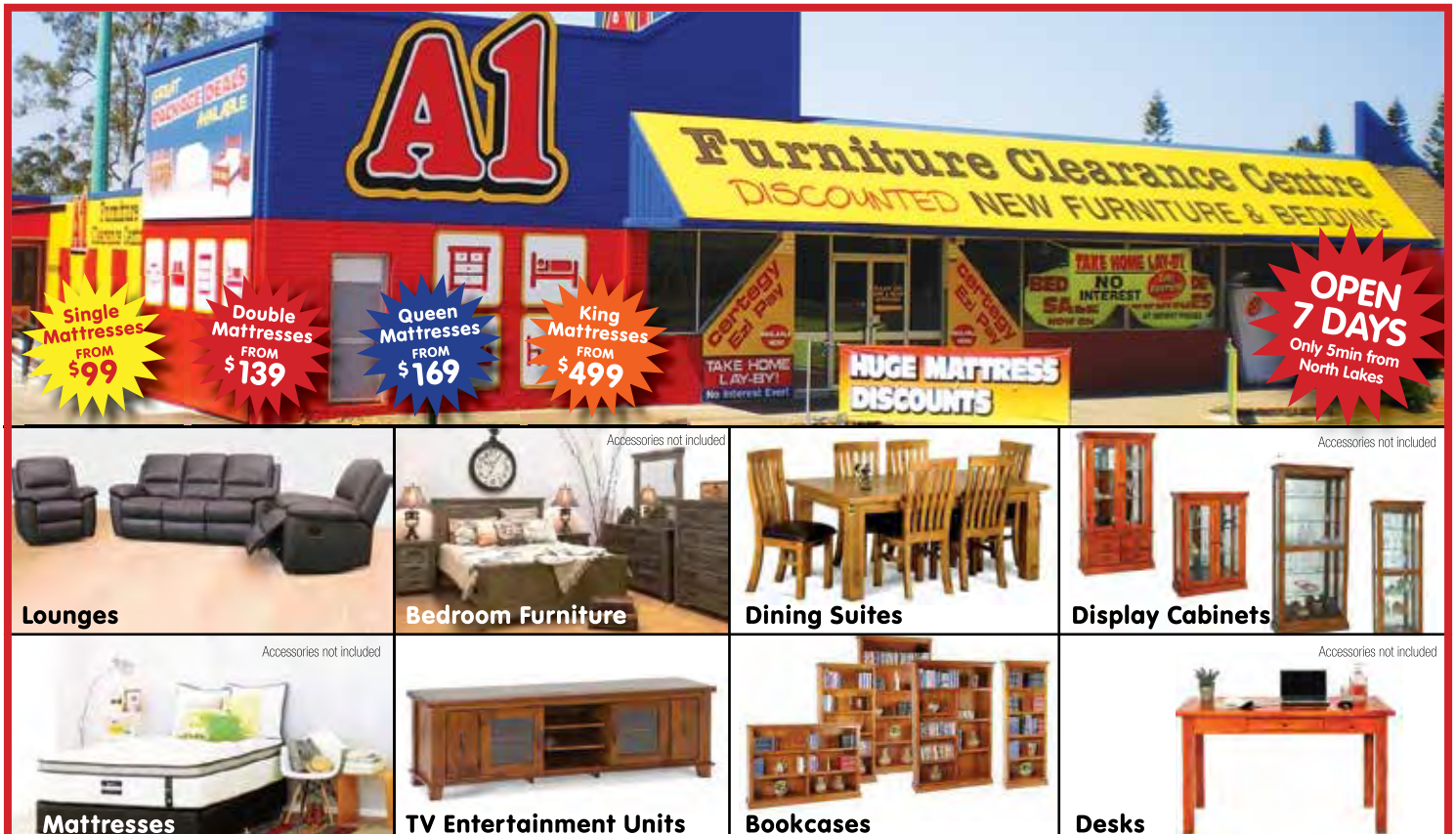
The Score IT! Plus category involves the added challenge of composing for specified instrumentation and submitting a written score.

Winners of each category will be announced at the awards ceremony in July and the winner of Score IT! Plus will also hear their score performed live by the Queensland Conservatorium Griffith University Ensemble.

Finalists will get the opportunity to take part in a masterclass with Mr Patrick.

Score IT! is presented by Queensland Music Festival and Brisbane City Council with the generous support of Griffith Film School, Queensland Conservatorium Griffith University, and Queensland School of Film and Television.

"Without music it would be impossible to create emotional highs and lows of a film and Score IT! teaches students how to create an emotional connection between the audience and a piece of film," Mr Patrick said.



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Experience WWI History at Fort Lytton

Tours of Brisbane's historic Fort Lytton are now operating at night, with lantern-lit theatre promenades bringing to life the wartime experiences of a decorated soldier from Brisbane at Gallipoli and the Western Front.

The highlight of the official launch of the tours on 3 March will be a rare night firing of the fort's cannon.

Fort Lytton played a major role in World War I as Queensland's foremost historic military site. It was the training base for all Queensland volunteers before WWI and also the refuge of returning soldiers who were quarantined during the 1919 Spanish Flu outbreak.

Ranger in Charge Roland Dowling said staff were proud to have developed the tour that pays tribute to the sacrifice of Australian men and women in wartime.

"'Fort Lytton at Night – A Lost Story from the Great War' unfolds in a theatre promenade, and is an enlightening and moving experience," Mr Dowling said.

Visitors in groups up to 25 are walked through the historic fortifications to hear the recently discovered story of Raymond Augustus Stanley, a decorated WWI hero, who served at Fort Lytton before serving overseas at Gallipoli and the Western Front.

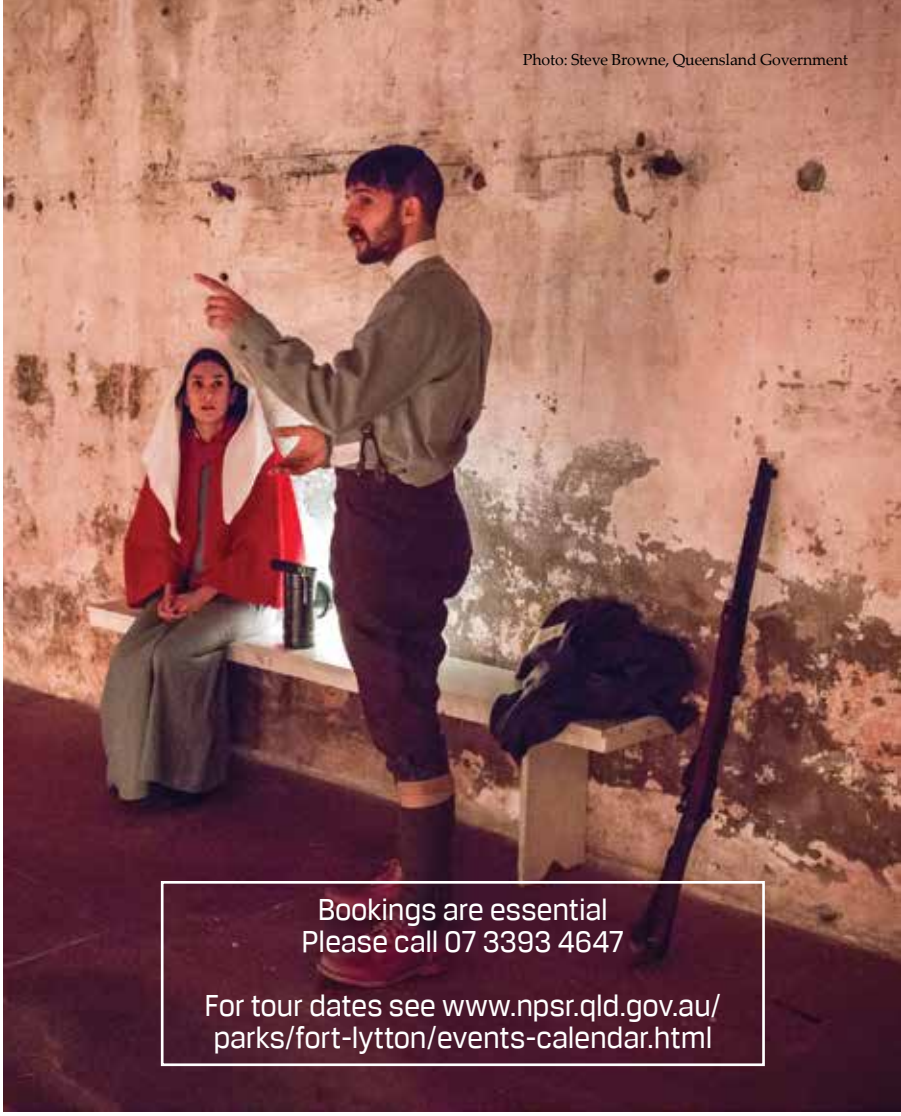

Photo: Steve Browne, Queensland Government

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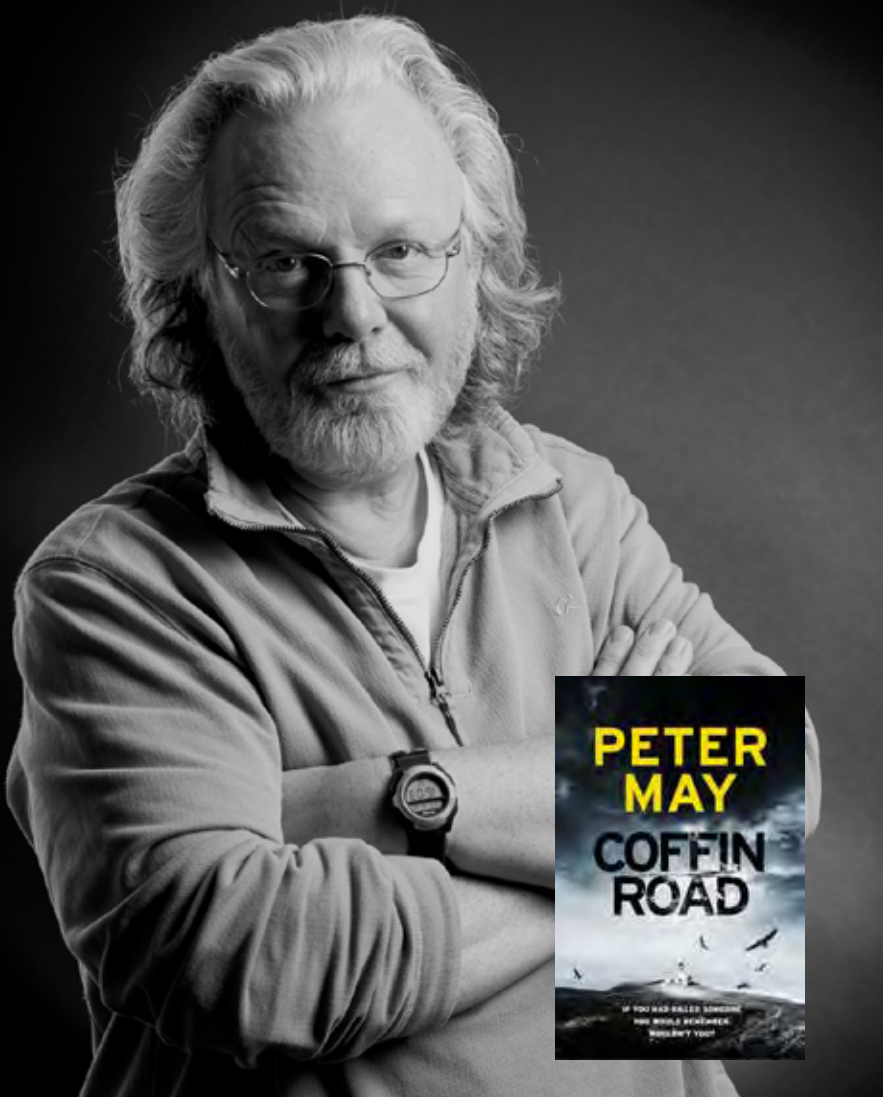

Award Winning Crime writer to visit North Lakes

Moreton Bay Regional Council's North Lakes Library will host the only northern Australian appearance of awarding-winning Scottish television screenwriter, novelist and crime writer Peter May on Friday, March 4.

This event is free, but bookings are essential at www.moretonbay.qld.gov.au/libraries

The author of the best-selling Lewis Trilogy, the China Thrillers and the critically-acclaimed Enzo Files is in Australia to promote his latest work Coffin Road.

Coffin Road's tag line reads: "if you had killed someone you would remember, wouldn't you?" and opens when man is washed up on a deserted beach on the Hebridean Isle of Harris, barely alive and borderline hypothermic. He has no idea who he is or how he got there. The only clue to his identity is a map tracing a track called the Coffin Road. He does not know where it will lead him, but filled with dread, fear and uncertainty he knows he must follow it.

His only Queensland appearance is at the North Lakes Library for a wine and cheese event from 6:30pm on Friday, March 4.

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Oxfam's National Close the Gap Day Concert is on Saturday 12th March, 2pm at the CWA Hall, Redcliffe Parade Redcliffe (opposite Rotary Park).

Entry by gold coin. There will be afternoon tea and raffles.

Close the Gap Day Concert

At Redcliffe March 12

Oxfam's National Close the Gap Day aims to bring people together to take meaningful action in support of achieving Indigenous health equality. Close the Gap Day 2016 is on Thursday 17 March but on Saturday March 12 there's an amazing event at the CWA Hall, Redcliffe Parade.

The performers are:

The Verandah ChiX Trio: Comprised of Pauline Maudy, Ruth Ghee and Bridget Garay. the Verandag ChiX Trio is a Brisbane based vocal ensemble bridging cultural divides and celebrating ancestry through song. They perform traditional and contemporary songs in Torres Strait Island and Australian Indigenous languages as well as; Bislama, PNG, French, and English. They are true songbirds with strong connections to a rare set of cultural heritages, these powerful women will enchant and move you with their beautiful voices and songs.

One Salt Water Dance Crew: Based on the Redcliffe Peninsula and made up of young people from diverse cultural backgrounds who utilise the creative expression of dance to tell a story and celebrate culture. Recently, they have loved visiting nursing home and schools around Redcliffe as well as sharing their love of dancing with the Quandamooka people of Stradbroke Island, with the youth of Cherbourg and performed at Pacific Tides festival in Redlands.
Multitude Community Choir: The Choir perform a mix of contemporary music, eg: pop, jazz, Broadway, a bit of rock and gospel. They have been singing around the Northern Moreton Bay area and surrounds for over 10 years. You'll be entertained by a selection of their bright and happy music. They'll even welcome you to join in with their singing.

There are no bookings needed for this event, just turn up, give a gold coin and in return receive a great afternoon's entertainment to support Oxfam's National Close the Gap Day.

This concert has been organised by Multitude Community Choir with the financial support of Margate Bendigo Community Bank.

Pictured are the One Salt Water dancers from the Northern Moreton Bay area and (inset) the Verandah ChiX Trio.

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Prime Minister visits Mango Hill

Topic: Selfies

"I'll show you a better way to take a selfie" Australian Prime Minister Malcolm Turnbull cried as he snatched local businessman Ralph Fioretti's Android phone at Beefy's Pies Mango Hill last Wednesday. Unimpressed with Ralph's first attempt, the PM began furiously fiddling the confiscated device while explaining to Ralph that the front camera is a better option. He was right, and Ralph was ecstatic with the PM's shot.

But Mr Turnbull was in town to talk about selfies (self-portrait) of another kind. The kind you can manage your payroll with, via Tanda. Tanda is a locally coded software solution to help businesses manage their employee hours; eliminating paper timesheets, time theft and manual data entry.

Tanda founder Tasmin Trezise nutshelled the modern solution stating that Tanda simply manages when staff work and how much they get paid.

Beefy's pies Mango Hill owner Mark Hobbs, who uses the system, agreed.

"The system is attractive to young employees because instead of writing on paper, they can clock-in to work by taking a selfie and receive upcoming shifts on their mobile. "

"This increases retention and makes the workplace inviting to a younger, tech wired generation" he said.

Local Federal Member Luke Howarth MP had invited the Prime Minister to Beefy's to see the Tanda system in action as part of Government's National Innovation and Science Agenda (NISA). NISA is a $1.1 billion investment that seeks to incentivise innovation and entrepreneurship, reward risk taking, and promote science, maths and computing in schools.

Beefy's Mark Hobbs, PM Malcom Turnbull, Tanda's Tasmin Trezise and Luke Howarth MP discuss the innovative solution.

Above: Selfie school with Zarraffa's Ralph Fioretti.

Right: the PM stopped for a quick photo with two local cuties.

One Creative Voice Forum

Help plan Moreton Bay Region's Creative Future

The Moreton Bay Arts Council are presenting a creative forum for the Moreton Bay Region and are calling on all creative professionals, non-profit groups, arts workers and all who have an interest in the arts to get involved.

The purpose of the forum is to plan our collective creative future in the arts. Discussions will involve current Council and community initiatives and possible strategies for the future. There will be a Q&A which you can take part in by submitting your question prior to the event by emailing: mbac0395@gmail.com before March 2 2016.

There will be guest speakers from Artslink Queensland, Flying Arts Queensland, Moreton Bay Regional Council and Moreton Bay Region Industry and Tourism (MBRIT).

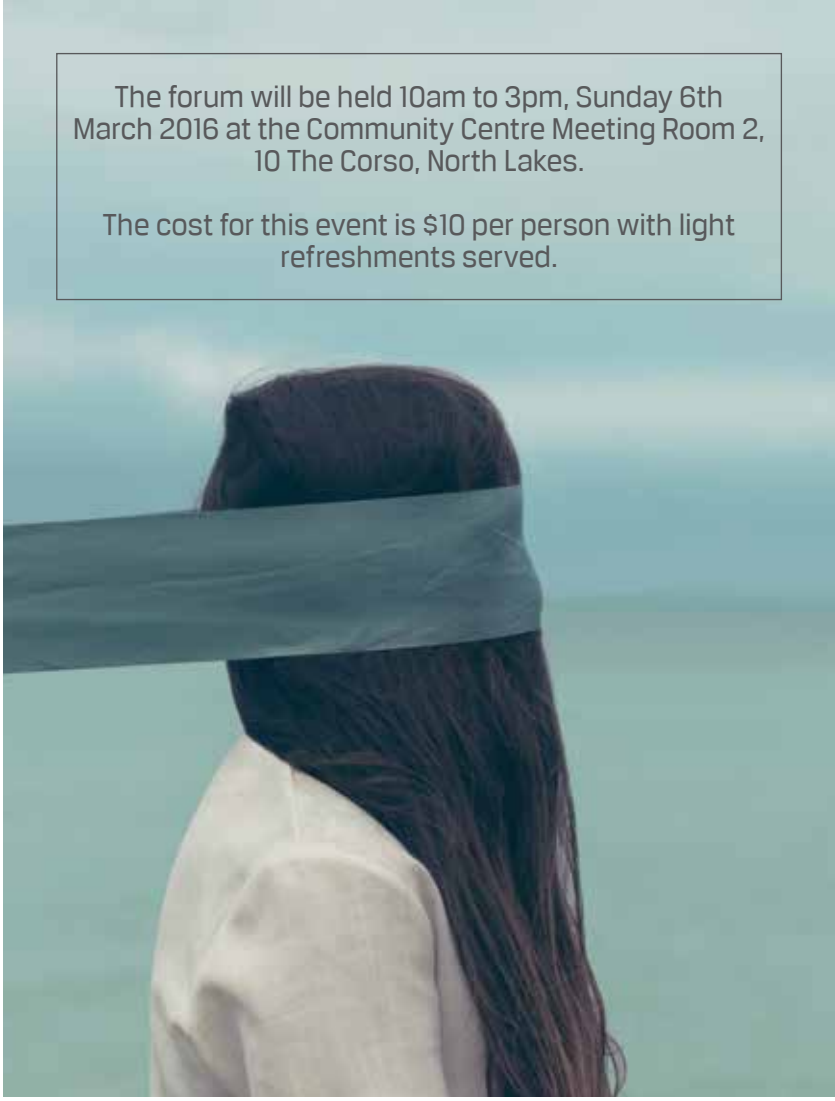
To attend you'll have to email your expression of interest to mbac0395@gmail.com and a registration form will be sent to you. All expressions of interest will receive a Creative Forum Pack by return email which will include forum information and relevant readings.

The Moreton Bay Arts Council makes arts activities and events accessible and affordable to the community by hosting cultural events, art films, exhibitions, live performances and open forums. MBAC was started in 2003 and now works with 1200 artists, groups and creative enterprises across the Moreton Bay Region.

More info at moretonbayartscouncil.org

The forum will be held 10am to 3pm, Sunday 6th March 2016 at the Community Centre Meeting Room 2, 10 The Corso, North Lakes.

The cost for this event is $10 per person with light refreshments served.



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Conversations with Leonie

My sister is being cheated on, lied to and manipulated she doesn't do anything about it

Hi Leonie,

I am writing to see if you can give any kind of insight into why my sister is the ways she is. She has gone from being a whinging student to a moaning and suffering wife.

She is being cheated on, lied to and manipulated and it's not like she doesn't know this is happening but does she do anything about it? No, she just whinges and wines all the time to me, my brother and my parents.

She whinged at school because she was being bullied but wouldn't let mum fix things or intervene and she whinged all though her first job complaining about the two bus trips there, the wrong shifts and basically you name it.

Its as though she loves being the victim. I wonder if she really has such low self esteem that she just can't rescue herself from anything.

Her husband is a total monster and we want her to leave him but she just moans about everything that goes on and does nothing about it.

I am so close to pulling the pin because my parents and I are suffering by proxy watching all this unfold and by brother is close to punching her husband's lights out.

I want to know what's going on with her because I feel that if I could just figure this out, I could handle things better. Any help would be very much appreciated.

Colleen/Kedron

Hi Colleen,

Obviously I can't fully understand what is going on for your sister without seeing her but I can respond in a general way as to why some people may act in a similar manner to your sister.

Sometimes we see a victim mentality that keeps people stuck in a toxic relationship: If we explore Carl Jung's Archetypes we can learn a lot about our behaviours, but here we are concerned with the archetype of the victim. There are some people who get stuck in relationship mistreatment and fail to rescue themselves because they can't get their heads around the unfairness of it all. They play the role of the hapless victim who is undeservedly mistreated. They wallow in a "That shouldn't happen" mentality.

This way of dealing with issues is to not deal with them at all but rather be righteous about what trespasses have come their way. They may tell anyone and everyone about how they have been cheated, swindled, abandoned and how crushed they are being victimised. Playing the victim becomes and identity and they may not know how to be anything else. Often these people with stay inert and not fight for their rights or rescue themselves. The truth is that if people want to change their lives, they have to simply accept that bad things happen to good people. No it isn't fair, but being inactive and lying on the floor, wallowing your life away is not the answer. Sometimes in life we have to get up on our hind legs and fight for our rights in a 'take no prisoners' kind of way and sometimes we have to do this when we are in dysfunctional and abusive relationships.

Dr Phil McGraw talks about this very issue in his book "Life Strategies" In this book he recounts a story of when he was working as a Trial Strategist with Oprah and her Trial lawyer Charles (Chip) Babcock. Oprah was in what had to be one of the fights of her life to defend herself against a beef industry law suit in Amarillo Texas. Oprah is nobody's victim but this story goes to show how even the most evolved of us can get pulled into the trap of "This shouldn't be happening" thinking. Dr Phil described how Oprah continued to struggle with the unfairness and the "Why" of it all. She had done nothing wrong and the ranchers were gunning for her with civil charges of fraud and negligence among others. Dr Phil helped her turn this thinking around so that instead of getting caught up in the unfairness of it all, she started to fight for her rights, her reputation and the truth.

So what I am saying here is if you are with someone who treats you unfairly, examine closely why you stay. Are you attached to the role of the victim or are you just numb and unconscious to the fact that you can and should rescue yourself? Something that is interesting about whingers is that people only tend to complain about things they have a choice about. You don't hear anyone complaining about gravity or where the sun sets and rises. They don't go around saying "oh this gravity is really getting me down. I throw things up and they come straight back down" Most times people have a choice about their issues (and I am talking about adults here not children) but they fail to exercise a healthy choice. I suggest that you try to get your sister to counselling so that she can address any faulty thinking or belief system she may have and then if all else fails, you may consider rescuing yourself from the situation.

I hope that you have gotten some insight into what some of these behavours may mean.

Til next week, Leonie

E-mail: leonieschilling@bigpond.com

Leonie Schilling is a qualified private practitioner.
For appointments please phone 3886 2715 or 0423 653 841

Living Faith educates tomorrow's leaders, today

Times are rapidly changing and so is our approach to education is changing also. 2015 saw Living Faith Lutheran Primary School broaden its horizons and engage with its young leaders of tomorrow through the use of new and engaging learning opportunities, aimed at preparing children for their future. This began with the opening of a Learning Plaza for Year 6 students. This model offers project-based learning, visible learning, flexible learning spaces and a technology-rich environment. Throughout the year, students grew in compassion, collaboration and creativity, together with global awareness and a heart for people. The development of literacy and numeracy skills over year far exceeded expectation.

In 2016 we have pushed the envelope and taken the next forward-thinking step by refurbishing our traditional Years 4 and 5 classrooms into contemporary learning environments. These new spaces are a modification of the Year 6 Learning Plaza, tailored for the appropriate developmental age groups.

Within these modern classroom environments students can choose a flexible working space that is suitable to their physical needs, while engaging with the Australian Curriculum. The agile learning spaces acknowledge the different learning styles of different children, and therefore provide our students and teachers with an opportunity to work collaboratively and comfortably whilst in the same classroom. For Prep to Year 3 students we continue to provide forward-thinking learning experiences through inspiring, innovative and engaging teaching methods.

If you would like to learn more about this inspiring, innovating and forward-thinking approach to education that puts student engagement at the forefront. Arrange a personal tour time with our Enrolments and Marketing officer, Alana Johnson 3886 2677 or enrolments@livingfafith.qld.edua.au to experience it first-hand.

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Decisive action to confront Zika threat

By Dr Anita, Brisbane North PHN

Aedes mosquitoes have distinctive black and white markings on their body and legs

As alarm over the mosquito-borne Zika virus builds, the Queensland Government has announced that it will boost measures to combat the mosquito breeds responsible for its spread.

State Health Minister Cameron Dick revealed the measures earlier this month following a specially convened roundtable of public health and infectious disease experts.

"Expert advice is that Zika virus is not currently circulating in Queensland," Mr Dick said.

To keep it that way, Mr Dick said the roundtable had agreed to two immediate measures to help boost Queensland's response.

The State Government will spend $400,000 to increase the capacity of its laboratories – including one in Townsville – to rapidly test for Zika virus in humans.

Queensland Health will also spend $1 million to develop a new campaign to educate people on the vital role they can play in reducing the spread of mosquitoes. The campaign would target both the Dengue and Zika viruses.

Mr Dick said that he intended to contact Federal Health Minister Sussan Ley to brief her and to request federal support. He said local councils also had an important role to play.

It is important to note that the mosquito breeds Aedes aegyptii and Aedes albopictus, which can carry the Zika and Dengue viruses, are found North and Central Queensland but not in the Moreton Bay region.

Moreton Bay Regional Council advises that its mosquito management program monitors and treats for Aedes vigilax (saltmarsh mosquito), Culex annulirostris (freshwater mosquito) and Aedes notoscripts (Container breeder) mosquitoes.

The Council's Vector Management Program involves aerial treatment, using a helicopter to treat the region's inter-tidal and mangrove areas, targeting saltmarsh mosquito larvae.

Aerial treatments are often planned to coincide with predicted tide events, although the effectiveness of helicopter treatments for saltmarsh mosquito larvae can be affected by wind and follow up rain.

Fogging and barrier treatments are also used in public areas such as reserves, parks and roadsides where rainwater has pooled, and target adult freshwater mosquitoes and larvae.

Residents are encouraged to empty any containers around the home that may contain rainwater such plant saucers, tyres, buckets, and to clear blocked gutters.

Changing the water in bird baths and pet bowls regularly can also help reduce mosquito breeding areas, as can the chlorination of swimming pools.

The Federal Government advises that health authorities will prevent the spread of Zika in Australia by monitoring international ports and entry points.

Health authorities will also ensure the safety of the blood supply by placing restrictions on whole blood donation for travellers who have been to areas where mosquito-borne diseases are occurring.

While no cases of locally-acquired Zika virus have been reported in Queensland, concerns have been raised around the globe about the potential impact the virus may have on pregnant women.

An expectant mother was recently diagnosed with Zika in South East Queensland after returning from an overseas trip, but this was not a locally acquired case of the virus.

The Federal Government has recommended that until more is known about Zika virus, women who are pregnant (in any trimester) or those actively seeking to get pregnant should consider postponing travel to any area where Zika virus transmission is ongoing.

If you have recently travelled to areas where the Zika virus is prevalent and have suffered an illness that you think might be Zika, please see your doctor.

Full details of affected countries are available from: www.smartraveller.gov.au/bulletins/zika_virus.

Your Stars

Aquarius Jan 21-Feb 19: Navigate the stream of consciousness by letting one word or idea flow into the next. Don't try to steer it or you'll break the spell.

Pisces Feb 20-March 20: You're getting less wishy washy and it's about time! You'll appreciate the benefits of telling it like it is.

Aries March 21-April 20: How do you make room for yourself at a table that's already full? Identify what's missing, work out how to solve it and you'll secure an invite.

Taurus April 21-May 21: You know there's more going on beneath the surface, but you'll learn nothing by hanging by the side of the pool. Take the plunge.

Gemini May 22-June 21: You don't trust your imagination. You tend to be more logical. But this is a period when vision trumps reason, so suspend disbelief.

Cancer June 22-July 23: Save yourself the argument of who's right and who's wrong because it goes nowhere. Concentrate on what needs to be done to move forward.

Leo July 24-Aug 23: You invested a lot of time and energy into making a situation work, but what if it's a dry run? Don't confuse a tryout with the real thing.

Virgo Aug 24-Sept 23: Your aim is to help others realise their potential, but did it occur to you that they could help you achieve yours? Reciprocity is the best policy.

Libra Sept 24-Oct 23: A pledge that was too good to be true turns out to be just that. But don't give up. Challenges are steep, but the spirit is willing.

Scorpio Oct 24-Nov 22: It's hard to pin point what's amiss which is why you want to keep suspicions under wraps. A low profile is key to gathering intelligence.

Sagittarius Nov 23-Dec 21: You talk about what you would do if you could, but when will you put your shoulder to the wheel? Today's as good a day as any.

Capricorn Dec 22-Jan 20: A new source of revenue opens up as a result of an improvement or re-tooling. Fortune will soon be making a long distance phone call.

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NINE

6.00 PAW Patrol. **6.30** Dora. **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Hot In Cleveland. (PG) **12.30** The Middle. (PG) **1.00** Our Town Queensland. **1.30** Party Of Five. (PG) **2.30** Movie: Message In A Bottle. (PG) (1999) **5.00** News: First At Five. **5.30** Getaway. (PG) **6.00** Nine News. **7.00** Aust Got Talent. (PG) **8.15** Aust Got Talent. (PG) **9.30** Movie: Killers. (M) (2010) **11.30** Movie: The Boondock Saints II: All Saints Day. (AV15+) (2009) **1.45** Movie: Amityville 2. (M) (1982) **3.35** Sue Thomas: F.B.Eye. (M) **4.30** Global Shop. **5.00** Leading The Way. (PG) **5.30** Wesley Impact.

GO!

6.00 Children's Programs. **7.05** Looney Tunes. **7.30** The Day My Butt Went Psycho. **8.00** Scooby-Doo! (PG) **8.30** The Amazing World Of Gumball. **9.00** Adv Time. (PG) **9.30** The Batman. (PG) **10.00** Green Lantern. (PG) **10.30** Ben 10. (PG) **11.00** Heidi. **11.30** Move It. **12.00** Kitchen Whiz. **12.30** SpongeBob. **1.30** Wild Kratts. **2.00** Power Rangers Dino Charge. (PG) **2.30** Little Charmers. **3.00** Rabbids. (PG) **3.30** Sonic Boom. (PG) **4.00** Yo-Kai Watch. (PG) **4.30** The Batman. (PG) **5.00** The Tom And Jerry Show. **6.00** Scooby-Doo! (PG) **6.30** Movie: Superman IV: The Quest For Peace. (PG) (1987) **8.30** Movie: Batman & Robin. (PG) (1997) **11.00** Movie: Catwoman. (M) (2004) **1.00** Arrow. (M) **2.00** Little Charmers. **2.30** Yo-Kai Watch. (PG) **3.00** Sonic Boom. (PG) **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Wild Kratts. **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Saturday Disney. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** I Dream Of Jeannie. **12.30** Bewitched. **1.00** Who's The Boss? (PG) **1.30** Movie: Super Buddies. (G) (2013) **3.30** Better Homes. **4.30** Seven News. **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: Despicable Me. (PG) (2010) **8.50** Movie: 47 Ronin. (M) (2013) Keanu Reeves, Hiroyuki Sanada. **11.20** To Be Advised. **12.20** Revenge. (M) **1.20** Harry's Practice. **2.00** Shopping. **4.00** It Is Written. (PG) **4.30** Sons And Daughters. (PG) **5.00** Dr Oz. (PG)

7TWO

6.00 Shopping. **7.00** Saturday Disney. **9.00** Jessie. **9.30** Austin & Ally. **10.00** Shopping. **11.00** The Great Australian Doorstep. **11.30** Great South East. **12.00** Creek To Coast. **12.30** WA Weekender. **1.00** Horse Racing. Blue Diamond Stakes. Featuring the Group 1 $1,500,000 Blue Diamond Stakes (1200m). **4.30** Qld Weekender. **5.00** Sydney Weekender. **5.30** 60 Minute Makeover. (PG) **6.30** Bargain Hunt. **7.30** Fantasy Homes By The Sea. **8.30** Escape To The Country. Sets out to find the perfect country home for families who are tempted to quit the hustle and bustle of city living. **9.30** Original Features. Presented by Nick Knowles. **10.30** Storage Hoarders. **11.30** Bargain Hunt. **12.30** The Great Australian Doorstep. **1.00** Great South East. **1.30** Creek To Coast. **2.00** Qld Weekender. **2.30** WA Weekender. **3.00** Sydney Weekender. **3.30** This Rugged Coast. **4.30** Movie: The Gay Falcon. (PG) (1941)

TEN

6.00 Fishing Edge. **6.30** GCBC. **7.00** iFish. **8.00** Family Feud. **8.30** St10. (PG) **11.00** The Living Room. **12.00** The Doctors. (PG) **1.00** Healthy Homes TV. **1.30** Everyday Gourmet. **2.00** Places We Go With Jennifer Adams. **2.30** The Home Team. **3.00** Jamie & Jimmy's Food Fight Club. **4.00** iFish. **4.30** Escape Fishing With ET. **5.00** News. **6.00** Jamie's 15-Minute Meals. Jamie whips up a selection of meals. **6.30** Movie: Percy Jackson: Sea Of Monsters. (PG) (2013) Logan Lerman, Alexandra Daddario. **8.35** Movie: Jack Ryan: Shadow Recruit. (M) (2014) Chris Pine, Kevin Costner, Keira Knightley. A young, covert CIA analyst uncovers a sinister plot to crash the US economy. **10.40** Movie: G.I. Joe: Retaliation. (M) (2013) Dwayne Johnson. **1.00** Shopping. **5.00** Hour Of Power.

ONE

6.00 Shopping. **8.00** Star Trek: Voyager. (PG) **9.00** Hogan's Heroes. **10.00** World Sport. **10.30** Whacked Out Sports. (PG) **11.30** Operation Repo. (PG) **12.30** Car Torque. (PG) **1.00** Motor Racing. World Series Sprintcars. **2.00** M*A*S*H. (PG) **3.00** Adventure Angler. **3.30** World's Busiest. **4.30** David Attenborough's Africa. **5.30** Meerkats: Secrets Of An Animal Superstar. **6.30** Monster Jam. **7.30** Black Gold. (PG) **8.30** To Be Advised. **9.30** Ripper Street. (M) **10.35** Rush. (M) **11.30** Bellator MMA. (M) **1.30** Undercover Boss. (PG) **2.30** World's Busiest. **3.30** World's Busiest. (PG) **4.30** Black Gold. (PG) **5.30** Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) **10.30** Rage. (PG) **11.30** How Not To Behave. (PG) **12.00** Antiques Roadshow. **1.00** Griff's Great Britain. **1.30** Golf. Australian Ladies Masters. Round 3. **6.00** One Plus One. (PG) **6.10** Restoration Man. **7.00** News. **7.30** Death In Paradise. (PG) **8.30** Cuffs. (M) **9.30** Jack Irish. (M) **10.30** Adam Hills: The Last Leg. **11.15** Black Comedy. (M) **11.45** Rage. (MA15+) **5.00** Rage. (PG)

ABC2

6.00 Children's Programs. **1.10** Tinga Tinga Tales. **1.25** LazyTown. **1.50** Messy Goes To Okido. **2.05** Mike The Knight. **2.20** Q Pootle 5. **2.30** Let's Go Pocoyo. **2.40** Dinosaur Train. **3.10** dirtgirlworld. **3.30** Play School. **3.55** Lah-Lah's Adventures. **4.00** Bananas In Pyjamas. **4.10** Little Princess. **4.25** Mister Maker. **4.45** The Furchester Hotel. **5.00** Curious George. **5.25** Sarah And Duck. **5.35** Hey Duggee. **5.40** Peppa Pig. **5.50** Fireman Sam. **6.00** Charlie And Lola. **6.15** Peter Rabbit. **6.25** Octonauts. **6.40** Ben And Holly. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** Penn & Teller: Fool Us. (PG) **8.15** Would I Lie To You? (PG) **8.45** Mock The Week Looks Back At. (M) **9.15** Comedy Up Late. (M) **9.50** Live At The Apollo. (PG) **10.35** Inside Amy Schumer. (M) **11.00** Extras: Xmas Special. (M) **12.20** Peep Show. (M) **12.45** The Incredible Mr Goodwin. (PG) **1.30** Mock The Week. (M) **2.05** Kroll Show. (M) **2.25** News Update. **2.30** Close. **5.00** Driver Dan's Story Train. **5.10** Abney & Teal. **5.25** Tilly And Friends. **5.35** Ella The Elephant. **5.50** Children's Programs.

SBS

6.00 WorldWatch. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News. **12.30** Turkish News. **1.00** PBS News. **2.00** Figure Skating. Four Continents Championships. Men's, pairs and ladies' program. Highlights. **3.35** Massive Moves. **4.00** Massive Moves. **4.25** Finding Babylon's Hanging Garden. **5.25** Who Do You Think You Are? **6.30** SBS World News. **7.35** Coasts Of Ireland. **8.30** Movie: Juno. (M) (2007) **10.15** RocKwiz. (M) **11.15** Miniseries: 37 Days. (M) **12.20** Miniseries: 37 Days. (PG) **1.30** Miniseries: 37 Days. (M) **2.40** The Staircase 2. (M) **4.50** MeTube: August Sings Carmen "Habanera". (M) **5.00** CCTV English News. **5.30** NHK World English News. **5.45** France 24 Feature.

SBS TWO

6.00 WorldWatch. **9.05** Croatian News. **9.40** Serbian News. **10.20** Portuguese News. **11.00** Japanese News. **11.35** Punjabi News. **12.05** Hindi News. **12.30** Dutch News. **1.00** Soccer. A-League. Round 21. Western Sydney Wanderers v Perth Glory. Replay. **3.00** Charley Boorman's Extreme Frontiers: South Africa. (PG) **3.55** The Brain: China. **5.35** Movie: Ponyo. (G) (2008) **7.30** If You Are The One Australia Special. **9.25** Bear Grylls' Mission Survive. (M) **9.55** Commando School. (M) **10.50** Movie: The Sorcerer And The White Snake. (M) (2011) **12.45** Movie: Let The Bullets Fly. (AV15+) (2010) **3.10** Movie: The Promise. (M) (2005) **5.00** Korean News. **5.30** Indonesian News.

AUSTAR

MOVIES

6.30pm Pitch Perfect 2 (2015) Comedy. Anna Kendrick, Rebel Wilson. (M) *Premiere*
8.30pm The Longest Ride (2015) Romance. Scott Eastwood, Britt Robertson. (M) *Premiere*
8.30pm American Sniper (2014) Action. Bradley Cooper, Sienna Miller. (MA15+) *Masterpiece*

GENERAL

7.00pm Fail Army. (M) *FOX8*
7.30pm The Shannara Chronicles. (M) *SyFy*
8.30pm Whose Line Is It Anyway? (MA15+) *Comedy Channel*

DOCUMENTARY

7.30pm Universal Orlando: Behind The Scenes. (PG) *TLC*
7.30pm Wives With Knives. (M) *Crime & Investigation*
9.30pm What On Earth? (PG) *Discovery Science*

SPORT

12.00pm Basketball. NBA. Chicago Bulls v Atlanta Hawks. *ESPN*
4.30pm Football. NAB Challenge. Richmond v Hawthorn. *Fox Footy*

2702

Classifications: (P) Preschoolers **(C)** Children **(G)** General **(PG)** Parental Guidance **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence. **Please note:** Listings are correct at the time of print and are subject to change by networks.

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physiotherapy and sports injury clinic

- Musculo-Skeletal Physiotherapy
- Sports Injuries
- Headache and Migraine Clinic
- Back Pain
- Womens and Mens Health
- Neck Pain
- Pilates Classes
- Massage Therapy

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NINE

6.00 PAW Patrol. **6.30** Dora. **7.00** Weekend Today. **10.00** The Conversation. **10.30** Wide World Of Sports. (PG) Return. **11.30** The Wild Life Of Tim Faulkner. **12.00** Movie: Thunderstruck. (PG) (2012) **2.00** Ironman. Kellogg's Nutri-Grain Series. Round 6. **4.00** Wildlife Man: Shark Rider. (PG) **5.00** News: First At Five. **5.30** Customs. (PG) **6.00** Nine News. **7.00** Aust Got Talent. (PG) **8.15** 60 Minutes. **9.15** The Amazing Noughties. **10.15** The Embassy. (PG) **11.15** CSI: NY. (M) **12.10** Person Of Interest. (MA15+) **1.05** V.I.P. (M) **2.00** Spyforce. (PG) **3.00** Global Shop. **3.30** Skippy. **4.00** GMA. **5.00** News. **5.30** Today.

GO!

6.00 Children's Programs. **8.30** The Amazing World Of Gumball. **9.00** Adv Time. (PG) **9.30** Young Justice. (PG) **10.00** Green Lantern. (PG) **10.30** The Batman. (PG) **11.00** Power Rangers Dino Charge. (PG) **11.30** Rabbids. (PG) **12.00** Sonic Boom. (PG) **12.30** SpongeBob. **1.30** Wild Kratts. **2.00** Yu-Gi-Oh! (PG) **2.30** Little Charmers. **3.00** Yu-Gi-Oh! (PG) **3.30** Teen Titans Go! (PG) **4.00** Yo-Kai Watch. (PG) **4.30** Power Rangers Dino Charge. (PG) **5.00** The Batman. (PG) **5.30** Scooby-Doo! (PG) **6.00** The Looney Tunes Show. **6.30** Movie: Shark Tale. (G) (2004) **8.30** Movie: The Matrix Reloaded. (M) (2003) **11.00** Troy. (PG) **1.00** The Cube. (PG) **2.00** Little Charmers. **2.30** Yo-Kai Watch. (PG) **3.00** The Looney Tunes Show. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Wild Kratts. **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Doc McStuffins. **6.30** Miles From Tomorrowland. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** Lyndey Milan's Summer Baking Secrets. **12.30** To Be Advised. **4.30** Better Homes. **5.00** News. **5.30** Great South East. **6.00** News. **7.00** My Kitchen Rules. (PG) **8.30** Sunday Night. Return. Current affairs program, hosted by Melissa Doyle. **9.30** The Blacklist. (M) Return. Friends of the truth rally around Liz. **10.30** The Blacklist. (M) **11.30** Royal Pains. (M) Return. **12.30** Zero Hour. (M) **1.30** Harry's Practice. **2.00** Shopping. **4.00** NBC Press. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **6.30** Amazing Facts. (PG) **7.00** Tomorrow's World. (PG) **7.30** Leading The Way. (PG) **8.00** David Jeremiah. (PG) **8.30** It Is Written. (PG) **9.00** Shopping. **9.30** Australia's Best Houses. (PG) **10.00** Home And Away Catch-Up. (PG) **12.30** Fantasy Homes By The Sea. **1.30** Escape To The Country. **2.30** Original Features. **3.30** Storage Hoarders. **4.30** World's Strictest Parents. (PG) **5.30** The Border. (PG) **6.30** Motorway Patrol. (PG) **7.30** House Wreck Rescue. **8.30** Escape To The Country. Prospective buyers find their dream home. **9.30** Escape To The Continent. A look at homes in Midi-Pyrenees, France. **10.45** Best Houses Australia. **11.15** Motorway Patrol. (PG) **12.15** World's Strictest Parents. (PG) **1.15** House Wreck Rescue. **2.15** Escape To The Country. **3.15** Escape To The Continent. **4.30** Movie: The Falcon And The Co-Eds. (PG) (1943)

TEN

6.00 Mass. **6.30** Hillsong. **7.00** Joseph Prince. **7.30** Joel Osteen. **8.00** Animal Extra. **8.30** St10. (PG) **11.00** The Doctors. (PG) **12.00** The Doctors. (PG) **1.00** Bondi Rescue Cairns To Cape Adventure. (PG) **2.00** GCBC. **2.30** Everyday Gourmet. **3.00** The Offroad Adventure Show. **3.30** Car Torque. **4.00** iFish. **5.00** News. **6.00** Family Feud: Sunday. **6.30** I'm A Celebrity… Get Me Out Of Here! (PG) **8.00** Modern Family. (PG) **8.30** The X-Files. (M) Final. People start falling gravely ill. **9.30** Limitless. (M) **10.30** To Be Advised. **11.30** 48 Hours. (M) **12.30** Shopping. **4.00** James Robison. (PG) **4.30** CBS Morning.

ONE

6.00 Shopping. **8.00** Rugby Union. Super Rugby. Replay. **10.00** Healthy Homes TV. **10.30** Escape Fishing With ET. **11.00** Fishing Edge. **11.30** Temporary Australians. (PG) **12.00** Black Gold. (PG) **1.00** Undercover Boss. (PG) **2.00** 4WD Touring Australia. **3.00** The Offroad Adventure Show. **4.00** World Sport. **4.30** Megafactories. **5.30** Adventure Angler. **6.00** Family Feud: Sunday. **6.30** M*A*S*H. (PG) **7.30** Scorpion. (PG) **8.30** David Attenborough's Africa. **9.30** Movie: Changing Lanes. (M) (2002) **11.30** World Sport. **12.00** Meerkats: Secrets Of An Animal Superstar. **1.00** Black Gold. (PG) **3.00** Adventure Angler. **4.00** River To Reef. (PG) **4.30** Temporary Australians. (PG) **5.00** Car Torque. (PG) **5.30** Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) **7.00** Weekend Breakfast. **9.00** Insiders. **10.00** Offsiders. **10.30** Australia Wide. **11.00** World This Week. **11.30** Praise. **12.00** Landline. **1.00** The Mix. **1.30** Golf. Australian Ladies Masters. Final round. **6.00** Australian Story. **6.30** Compass. (PG) Return. **7.00** News. **7.40** Doc Martin. (PG) **8.30** Call The Midwife. (PG) Return. **9.30** Joanna Lumley's Nile. **10.20** The Weekly. (M) **10.50** Redfern Now. (PG) **11.45** William Yang's Friends Of Dorothy. (M) **12.45** Movie: The Trip. (MA15+) (2010) **2.35** A Quiet Word With… Simon Pegg And Nick Frost. (M) **3.20** Call The Midwife. (PG) **4.20** Joanna Lumley's Nile. **5.10** Doc Martin. (PG)

ABC2

6.00 Children's Programs. **4.25** Mister Maker. **4.45** The Furchester Hotel. Final. **5.00** Octonauts. **5.20** Octonauts And The Amazon Adventure. **5.50** Fireman Sam. **6.00** Charlie And Lola. **6.15** Peter Rabbit. **6.25** Octonauts. **6.40** Ben And Holly. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** Build A New Life In The Country. (PG) **8.20** Dream Build. **8.30** The Warehouse Comedy Festival. (M) **9.00** Funny As. (MA15+) **10.35** Buzzcocks. (M) **11.05** Bodyshockers. (M) **12.10** Louis Theroux's LA Stories. (M) **1.10** Nick Baker's Weird Creatures. (PG) **1.55** Swamp Brothers. (PG) **2.20** Deadly 60. **2.50** News Update. **2.55** Close. **5.00** Driver Dan's Story Train. **5.10** Joe & Jack. **5.20** Bert And Ernie. **5.25** Tilly And Friends. **5.35** Ella The Elephant. **5.50** Children's Programs.

SBS

6.00 WorldWatch. **7.00** Al Jazeera. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News. **12.30** Turkish News. **1.00** The World Game. **2.00** Speedweek. **4.00** Cycling. New Zealand Cycle Classic. **5.00** Trawlermen. (PG) **5.30** Tony Robinson's WWI. (PG) **6.30** SBS World News. **7.35** Jungle Atlantis. (PG) **8.35** Gayby Baby. (PG) **9.30** Monty Python: The Meaning Of Live. (MA15+) **12.00** Monty Python's Best Bits (Mostly) (PG) **12.35** Movie: Till Faith Do Us Part. (M) (2010) **2.15** Movie: When We Leave. (MA15+) (2010) **4.25** Food Lovers' Guide To Australia. **5.00** CCTV English News. **5.30** NHK World English News. **5.45** France 24 Feature.

SBS TWO

6.00 WorldWatch. **7.00** Russian News. **7.30** Polish News. **8.00** Maltese News. **8.30** Macedonian News. **9.00** PopAsia. (PG) **11.00** Japanese News. **11.35** Punjabi News. **12.05** Hindi News. **12.30** Dutch News. **1.00** Movie: Ponyo. (G) (2008) **2.55** Dressed Up For. (PG) **3.55** Dressed Up For. (PG) **4.55** We Are Young. **6.00** The Brain: China. **7.30** If You Are The One. **8.30** Fameless. (PG) New. **8.55** Drunk History. (MA15+) **9.20** South Park. (M) **9.50** Uncle. (M) **10.25** A Lady's Guide To Brothels. (MA15+) **11.35** Sex: An Unnatural History. (MA15+) **12.05** In Her Skin. (PG) **12.55** In Her Skin. (PG) **1.50** Movie: Optical Illusions. (M) (2009) **3.45** CCTV News In English From Beijing. **5.00** Korean News. **5.30** Indonesian News.

AUSTAR.

MOVIES

6.10pm X-Men: First Class (2011) Action. James McAvoy. (M) *Action*
8.30pm Birdman (2014) Comedy. Michael Keaton, Zach Galifianakis. (MA15+) *Masterpiece*
10.45pm Shakespeare In Love (1998) Romance. Joseph Fiennes, Gwyneth Paltrow. (M) *Romance*

GENERAL

7.00pm It's Always Sunny In Philadelphia. (M) *Comedy Channel*
7.30pm Modern Family. (M) *FOX8*
8.00pm Fresh Off The Boat. (PG) *FOX*

DOCUMENTARY

6.30pm A Place In The Sun: Summer Sun. (PG) *Lifestyle Home*
7.30pm Beethoven: Missa Solemnis. *Foxtel Arts*
8.30pm The Secret Life Of Four Year Olds. (PG) *Lifestyle*

SPORT

2.00pm Football. NAB Challenge. Carlton v Essendon. *Fox Footy*
4.00pm Golf. European PGA Tour. Perth International. Final round. *Fox Sports 1*

Classifications: (P) Preschoolers **(C)** Children **(G)** General **(PG)** Parental Guidance **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence. **Please note:** Listings are correct at the time of print and are subject to change by networks.

2802

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** The 88th Annual Academy Awards. (PG) **3.00** Afternoon News. **5.30** Hot Seat. **6.00** Nine News. **7.00** ACA. **7.30** Aust Got Talent. (PG) **8.45** The Farmer Wants A Wife. (PG) **9.55** The 88th Annual Academy Awards. (PG) **1.30** Anger Management. (M) **2.00** Danoz. **2.30** Global Shop. **3.00** Extra. **3.30** GMA. **5.00** News. **5.30** Today.

GO!

6.00 Sooty. **6.30** PAW Patrol. **7.00** Yo-Kai Watch. (PG) **7.30** Move It. **8.00** Kitchen Whiz. **8.30** Wild Kratts. **9.00** Imagination Train. **9.30** Little Charmers. **10.00** SpongeBob. **10.30** PAW Patrol. **11.00** Yu-Gi-Oh! (PG) **11.30** Yu-Gi-Oh! (PG) **12.00** Ben 10. (PG) **12.30** Batman. (PG) **1.00** Sooty. **1.30** Yo-Kai Watch. (PG) **2.00** Yu-Gi-Oh! (PG) **2.30** SpongeBob. **3.00** Wild Kratts. **3.30** Power Rangers Dino Charge. (PG) **4.00** Kids' WB. (PG) **4.05** Looney Tunes. (PG) **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans Go! (PG) **6.00** Regular Show. (PG) **6.30** Adventure Time. (PG) **7.00** The Middle. (PG) **7.30** Auction Hunters. (PG) **8.00** Top Gear. (PG) **9.30** Movie: The Terminator. (M) (1984) **11.40** Two And A Half Men. (M) **12.05** Clipped. (PG) **12.30** Adventure Time. (PG) **1.00** Regular Show. (PG) **1.30** Power Rangers Dino Charge. (PG) **2.00** Wild Kratts. **2.30** Batman: The Brave And The Bold. (PG) **3.00** Little Charmers. **3.30** Yu-Gi-Oh! Zexal. (PG) **4.00** Power Rangers Megaforce. (PG) **4.30** Yu-Gi-Oh! Arc-V. (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Presumed Dead In Paradise. (M) (2014) **2.00** The Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Home And Away. (PG) **7.30** My Kitchen Rules. (PG) **9.00** Downton Abbey. (PG) An old acquaintance comes to Edith's aid. Mr Carson and Mrs Hughes' big day brings an unexpected arrival. **10.00** Britain's Spending Secrets. (PG) **11.15** Benefits Street. (M) **12.15** The Amazing Race. (PG) **1.15** Harry's Practice. **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **7.00** ZooMoo Lost. **7.30** Sally Bollywood. **8.00** Jay's Jungle. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **10.30** NBC Press. **11.30** Australia's Best Houses. (PG) **12.00** Dr Oz. (PG) **1.00** Medical Emergency. (PG) **1.30** RSPCA Animal Rescue. **2.00** Australia's Best Houses. (PG) **2.30** Dealers. (PG) **3.30** Property Ladder. (PG) **4.30** 60 Minute Makeover. (PG) **5.30** Homes Under The Hammer. **6.30** Bargain Hunt. **7.30** Cities Of The Underworld. (PG) **8.30** A Touch Of Frost. (M) Frost investigates a case involving three male bodies found in a country lane that were buried in a bizarre manner. **10.30** Waking The Dead. (MA15+) **11.45** Bargain Hunt. **12.45** Homes Under The Hammer. **1.45** Property Ladder. (PG) **2.45** Dealers. (PG) **3.45** Waking The Dead. (MA15+) **5.00** Cities Of The Underworld. (PG)

TEN

6.00 Ent. Tonight. **6.30** GCBC. **7.00** The Home Team. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** The Talk. **12.00** Dr Phil. (M) **1.00** To Be Advised. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** Ben's Menu. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. A look at the day's news. **7.30** I'm A Celebrity… Get Me Out Of Here! (PG) A celebrity must stand on their head inside a box as it fills with water, eels and other creatures. **9.00** CSI: Cyber. (M) A killer breaks into a woman's house and murders her while she is video chatting with her parents. **10.00** CSI: Cyber. (M) Avery and the team track down a hacker. **11.00** Elementary. (M) **12.00** The Late Show With Stephen Colbert. (PG) **1.00** Shopping. **4.00** James Robison. (PG) **4.30** CBS Morning.

ONE

6.00 Shopping. **8.00** River To Reef. **8.30** Operation Repo. (PG) **9.00** David Attenborough's Africa. **10.00** M*A*S*H. (PG) **11.00** Hogan's Heroes. **12.00** Matlock. (M) **1.00** Nash Bridges. (M) **2.00** Walker, Texas Ranger. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Family Feud. **6.30** M*A*S*H. (PG) **7.30** Undercover Boss. (PG) **8.30** Movie: The Siege. (M) (1998) Denzel Washington, Annette Bening. **10.50** The Comedians. (M) **11.20** Super Rugby Extra Time. **12.20** Shopping. **2.10** Diagnosis Murder. (PG) **3.10** Walker, Texas Ranger. (PG) **4.10** Jake And The Fatman. (PG) **5.10** World Sport. **5.30** Whacked Out Sports. (PG)

ABC

6.00 News. **8.00** News Mornings. **10.00** Landline. **11.00** Compass. (PG) **11.30** Eggheads. **12.00** News. **1.00** Crownies. (M) **2.00** Parliament. **3.00** The Cook And The Chef. **3.20** The Bill. (PG) **4.10** Murder, She Wrote. (PG) **5.00** News. **5.30** The Drum. **6.00** Antiques Roadshow. **7.00** News. **7.30** 7.30. **8.00** Australian Story. **8.30** Four Corners. **9.20** Media Watch. (PG) **9.35** Q&A. **10.40** Lateline. **11.10** The Business. **11.25** Golf. USPGA Tour. The Honda Classic. Highlights. **12.20** Parliament. **1.20** Miniseries: World Without End. (M) **2.55** Rage. (MA15+) **4.35** Eggheads. **5.05** The Bill. (PG)

ABC2

6.00 Children's Programs. **2.30** Mouk. **2.45** Babar And The Adventures Of Badou. **3.10** TwirlyWoos. **3.30** Play School. **4.00** Bananas In Pyjamas. **4.10** Little Princess. **4.25** Mister Maker. **4.45** Thomas. **5.00** Curious George. **5.25** Sarah And Duck. **5.35** Hey Duggee. **5.40** Peppa Pig. **5.50** Fireman Sam. **6.00** Charlie And Lola. **6.15** Peter Rabbit. **6.25** Octonauts. **6.40** Ben And Holly. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. **7.30** Doctor Who. (PG) **8.30** Louis Theroux: By Reason Of Insanity. (M) **9.30** Ross Kemp: Extreme World. (MA15+) **10.15** Jimmy Fallon. (PG) **11.00** Russell Howard: Right Here Right Now. (MA15+) **12.35** Doctor Who. (PG) **1.35** News Update. **1.40** Close. **5.00** Driver Dan's Story Train. **5.10** Joe & Jack. **5.20** Bert And Ernie. **5.25** Tilly And Friends. **5.35** Ella The Elephant. **5.50** Children's Programs.

SBS

6.00 WorldWatch. **2.00** Celtic Woman: Destiny. **3.30** Britain's Best Drives. **4.00** Britain's Best Drives. Final. **4.30** Coast. **5.30** Letters And Numbers. **6.00** Poh's Kitchen On The Road. **6.30** SBS World News. **7.30** Michael Mosley: Don't Worry, Be Happy. **8.30** Trawlermen: The Catch. (MA15+) Final. **9.25** Bear Grylls' Mission Survive. (M) **10.20** SBS World News Late Edition. **10.55** Romanzo Criminale. (MA15+) **11.55** Romanzo Criminale. (MA15+) **12.55** France Bitesize. **1.00** Food Lovers' Guide To Australia. **1.30** Food Lovers' Guide To Australia. **2.00** Food Lovers' Guide To Australia. **2.30** Food Lovers' Guide To Australia. **3.00** Food Lovers' Guide To Australia. **3.30** Food Lovers' Guide To Australia. **4.00** Food Lovers' Guide To Australia. **4.30** Food Lovers' Guide To Australia. **5.00** CCTV English News. **5.30** NHK World English News.

SBS TWO

6.00 WorldWatch. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** Romanian News. **4.00** Dara Ó Briain: School Of Hard Sums. **4.40** Vs Arashi. **5.35** The Office. (PG) **6.00** The Office. (PG) **6.30** If You Are The One. **7.30** The Feed. **8.00** Community. (PG) **8.30** UnREAL. (M) **9.20** Movie: Concussion. (MA15+) (2013) **11.05** Movie: 52 Tuesdays. (MA15+) (2013) **1.05** The Feed. **1.30** The Sarah Silverman Program. (M) **2.00** Free Radio. (M) **2.25** RuPaul's Drag Race. (M) **3.10** RT News In English From Moscow. **5.00** Korean News. **5.30** Indonesian News.

AUSTAR.

MOVIES

6.40pm The Hangover Part II (2011) Comedy. Bradley Cooper, Zach Galifianakis. (MA15+) *Comedy*
8.30pm Get Hard (2015) Comedy. Will Ferrell, Kevin Hart. (MA15+) *Premiere*
10.00pm Godzilla (2014) Action. Bryan Cranston, Elizabeth Olsen. (M) *Action*

GENERAL

6.30pm Last Week Tonight With John Oliver. (MA15+) *Comedy Channel*
8.30pm Elementary. (M) *SoHo*
9.30pm Supernatural. (M) *FOX8*

DOCUMENTARY

7.30pm Fifth Gear. (PG) *Discovery Turbo*
8.30pm Charlie Luxton's Homes By The Sea. *Lifestyle*
9.30pm Bloody Tales Of The Tower. *History*

SPORT

6.00pm Rugby Union. Super Rugby. Round 1. Force v Rebels. *Fox Sports 2*
9.30pm Soccer. Women's Olympic Qualifier. Japan v Australia. *Fox Sports 4*

Classifications: (P) Preschoolers **(C)** Children **(G)** General **(PG)** Parental Guidance **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence. **Please note:** Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.10** Ellen DeGeneres. (PG) **1.10** Extra. **1.40** Aust Got Talent. (PG) **3.00** News. **4.00** Afternoon News. **5.30** Hot Seat. **6.00** Nine News. **7.00** ACA. **7.30** Big Bang. **8.00** Big Bang. (PG) **8.30** Here Come The Habibs! (PG) **9.15** Movie: Horrible Bosses. (MA15+) (2011) Jason Bateman, Kevin Spacey. **11.15** Anger Management. (M) **11.45** 20/20. **12.35** Sue Thomas: F.B.Eye. (M) **1.30** Danoz. **2.30** Global Shop. **3.00** Extra. **3.30** GMA. **5.00** News. **5.30** Today.

GO!

6.00 Sooty. **6.30** PAW Patrol. **7.00** Yo-Kai Watch. (PG) **7.30** Move It. **8.00** Kitchen Whiz. **8.30** Wild Kratts. **9.00** Imagination Train. **9.30** Little Charmers. **10.00** SpongeBob. **10.30** PAW Patrol. **11.00** Yu-Gi-Oh! (PG) **11.30** Yu-Gi-Oh! (PG) **12.00** Ben 10. (PG) **12.30** Batman. (PG) **1.00** Sooty. **1.30** Yo-Kai Watch. (PG) **2.00** Yu-Gi-Oh! (PG) **2.30** SpongeBob. **3.00** Wild Kratts. **3.30** Rabbids. (PG) **4.00** Kids' WB. (PG) **4.05** Looney Tunes. **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans Go! (PG) **6.00** Regular Show. (PG) **6.30** Adventure Time. (PG) **7.00** The Middle. (PG) **7.30** Auction Hunters. (PG) **8.30** Movie: U.S. Marshals. (M) (1998) **11.10** Bad Robots. (M) **12.10** Clipped. (PG) **12.35** Adventure Time. (PG) **1.00** Regular Show. (PG) **1.30** Rabbids. (PG) **2.00** Wild Kratts. **2.30** Batman. (PG) **3.00** Little Charmers. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Hit And Run. (M) (2009) **2.00** The Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Home And Away. (PG) **7.30** My Kitchen Rules. (PG) Featuring judges Colin Fassnidge and Rachel Khoo. **9.00** Wanted. (M) After Lola returns to her home town of Wooradulla, her past quickly comes back to haunt her. **10.00** Bones. (M) The body of a US Senator is discovered. **11.00** Motive. (M) **12.00** Beauty And The Geek Australia. (PG) **1.00** Beauty And The Geek Australia. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **7.00** ZooMoo Lost. **7.30** Sally Bollywood. **8.00** Jay's Jungle. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **12.00** Dr Oz. (M) **1.00** Medical Emergency. (PG) **1.30** RSPCA Animal Rescue. **2.00** Australia's Best Houses. (PG) **2.30** Dealers. (PG) **3.30** Property Ladder. (PG) **4.30** 60 Minute Makeover. (PG) **5.30** Homes Under The Hammer. **6.30** Bargain Hunt. **7.30** Pie In The Sky. (PG) Crabbe attends a shooting party. **8.30** The Last Detective. (M) Detective Constable Davies looks into the disappearance of a man whose wife seems unconcerned. **10.30** Lovejoy. (PG) **11.45** Bargain Hunt. **12.45** Homes Under The Hammer. **1.45** Property Ladder. (PG) **2.45** Dealers. (PG) **3.45** Lovejoy. (PG) **5.00** Pie In The Sky. (PG)

TEN

6.00 Ent. Tonight. **6.30** GCBC. **7.00** The Home Team. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** The Talk. **12.00** Dr Phil. (M) **1.00** To Be Advised. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** Ben's Menu. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** I'm A Celebrity… Get Me Out Of Here! (PG) Celebrities take part in a daunting trial. **8.30** NCIS. (M) Abby is trapped when armed men take over a pharmaceutical lab that she is visiting. **9.30** NCIS: LA. (M) NCIS Special Agent DiNozzo teams up with the NCIS Los Angeles team to search for a missing prisoner. **10.30** NCIS: LA. (M) **11.30** The Project. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Shopping. **4.00** James Robison. (PG) **4.30** CBS Morning.

ONE

6.00 Shopping. **8.00** Super Rugby Extra Time. **9.00** Megafactories. **10.00** M*A*S*H. (PG) **11.00** Hogan's Heroes. **12.00** Matlock. (M) **1.00** Nash Bridges. (M) **2.00** Walker, Texas Ranger. (M) **3.00** Jake And The Fatman. (PG) **4.00** Super Rugby Extra Time. **5.00** Star Trek: Voyager. (PG) **6.00** Family Feud. **6.30** M*A*S*H. (PG) **7.30** Last Man Standing. (PG) Final. **8.00** The McCarthys. (PG) **8.30** Tiger: Spy In The Jungle. (PG) **9.30** 48 Hours. **10.30** Tyrant. (MA15+) **11.30** Operation Repo. (PG) **12.00** Shopping. **2.00** Matlock. (M) **3.00** Walker, Texas Ranger. (M) **4.00** Jake And The Fatman. (PG) **5.00** Hogan's Heroes. **5.30** Whacked Out Sports. (PG)

ABC

6.00 News. **8.00** News Mornings. **10.00** Four Corners. **10.45** Media Watch. (PG) **11.00** Hatch, Match And Dispatch. (PG) **11.30** Eggheads. **12.00** News. **1.00** Crownies. (M) **2.00** Parliament. **3.20** The Bill. (PG) **4.10** Murder, She Wrote. (PG) **5.00** News. **5.30** The Drum. **6.00** Antiques Roadshow. **7.00** News. **7.30** 7.30. **8.00** Catalyst. (PG) **8.30** Afghanistan: Inside Australia's War. **9.30** Fake Or Fortune? **10.35** Lateline. **11.05** The Business. **11.20** Q&A. **12.25** Parliament. **1.25** Rage. (MA15+) **3.35** Fake Or Fortune? **4.35** Eggheads. **5.05** The Bill. (PG)

ABC2

6.00 Children's Programs. **2.45** Babar And The Adventures Of Badou. **3.10** TwirlyWoos. **3.30** Play School. **4.00** Bananas In Pyjamas. **4.10** Little Princess. **4.25** Mister Maker. **4.45** Thomas. **5.00** Curious George. **5.25** Sarah And Duck. **5.35** Hey Duggee. **5.40** Peppa Pig. **5.50** Fireman Sam. **6.00** Charlie And Lola. **6.15** Peter Rabbit. **6.25** Octonauts. **6.40** Ben And Holly. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** Doctor Who. (PG) **8.15** Doctor Who: Confidential. **8.30** Good Game. **9.00** Peep Show. (M) **9.30** Banged Up Abroad. (M) **10.15** Jimmy Fallon. (PG) **11.00** Ross Kemp: Extreme World. (MA15+) **11.45** Doctor Who. (PG) **12.35** Jimmy Fallon. (PG) **1.15** News Update. **1.20** Close. **5.00** Driver Dan's Story Train. **5.10** Joe & Jack. **5.20** Bert And Ernie. **5.25** Tilly And Friends. **5.35** Ella The Elephant. **5.50** Children's Programs.

SBS

6.00 WorldWatch. **12.00** Arabic News. **12.30** Turkish News. **1.00** PBS News. **2.00** Budding Stars Of The Paris Opera Ballet. **2.30** Budding Stars Of The Paris Opera Ballet. Final. **3.00** Wainwright Walks. **3.30** Future Universe. (PG) **4.25** SBS Flashback. (PG) **4.35** Storm City. (PG) **5.30** Letters And Numbers. **6.00** Poh's Kitchen On The Road. **6.30** SBS World News. **7.30** Great Continental Railway Journeys. Return. **8.30** Insight. **9.30** Dateline. **10.00** SBS World News Late Edition. **10.30** Miniseries: The Girl Who Kicked The Hornet's Nest. (MA15+) **12.10** Movie: Overheard. (AV15+) (2009) **2.00** In Search Of Chopin. **4.05** One Born Every Minute. (M) **5.00** CCTV English News. **5.30** NHK World English News.

SBS TWO

6.00 WorldWatch. **11.35** Punjabi News. **12.05** Hindi News. **12.30** Dutch News. **1.00** Urdu News. **1.30** Tamil News. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** Nepali News. **4.00** The Feed. **4.35** The Urban Freestyler Extreme. **4.40** Vs Arashi. **5.40** The Office. (PG) **6.05** The Office. (PG) **6.30** If You Are The One. **7.30** The Feed. **8.00** Brooklyn Nine-Nine. (PG) **8.30** 50 Ways To Kill Your Mammy. (M) Return. **9.20** Vikings. **10.15** What Happens In… (MA15+) **11.10** South Park. (M) **11.35** The Feed. **12.05** Lost Girl. (M) **12.55** Lost Girl. (M) **1.45** @midnight. (M) **2.15** @midnight. (M) **2.45** Human Giant. (AV15+) **3.10** France 24 News In English From Paris. **5.00** Korean News. **5.30** Indonesian News.

AUSTAR

MOVIES

6.25pm The Hunger Games: Mockingjay – Part 1 (2014) Action. Jennifer Lawrence, Liam Hemsworth. (M) *Premiere*
8.30pm A Million Ways To Die In The West (2014) Comedy. Seth MacFarlane, Charlize Theron. (MA15+) *Comedy*
10.15pm Pompeii (2014) Action. Kit Harington, Emily Browning. (M) *Action*

GENERAL

7.30pm Girls. (MA15+) *Showcase*
8.30pm The Last Ship. (MA15+) *FX*
10.00pm Next Step Realty: NYC. (PG) *Arena*

DOCUMENTARY

7.30pm Rome Unwrapped. (PG) *History*
8.30pm Plane Resurrection. (PG) *History*
8.35pm Rachel Hunter's Tour Of Beauty. (PG) *Lifestyle You*

SPORT

7.30pm Soccer. AFC Champions League. *Fox Sports 4*
8.30pm Rugby Union. French Top 14. Day 16. *Eurosport*

Classifications: (P) Preschoolers **(C)** Children **(G)** General **(PG)** Parental Guidance **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence. **Please note:** Listings are correct at the time of print and are subject to change by networks.

0103

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Is Australia at risk and will Australia be next?

Afternoon tea will be served . $5 entry to cover costs. Photo ID required
Seats limited . **Bookings on: 0403934440**

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.10** Ellen DeGeneres. (PG) **1.10** Extra. **1.40** Aust Got Talent. (PG) **3.00** News. **4.00** Afternoon News. **5.30** Hot Seat. **6.00** Nine News. **7.00** ACA. **7.30** Big Bang. **8.00** Big Bang. (PG) **8.30** The NRL Footy Show. (M) Return. **10.30** Fugitive: Black Ops. (M) **11.30** Anger Management. (M) **12.00** V.I.P. (M) **1.00** Extra. **1.30** Danoz. **2.30** Skippy. **3.00** Global Shop. **3.30** GMA. **5.00** News. **5.30** Today.

GO!

6.00 Sooty. **6.30** PAW Patrol. **7.00** Yo-Kai Watch. (PG) **7.30** Move It. **8.00** Kitchen Whiz. **8.30** Wild Kratts. **9.00** Imagination Train. **9.30** Little Charmers. **10.00** SpongeBob. **10.30** PAW Patrol. **11.00** Yu-Gi-Oh! (PG) **11.30** Yu-Gi-Oh! (PG) **12.00** Ben 10. (PG) **12.30** Batman. (PG) **1.00** Sooty. **1.30** Yo-Kai Watch. (PG) **2.00** Yu-Gi-Oh! (PG) **2.30** SpongeBob. **3.00** Wild Kratts. **3.30** Rabbids. (PG) **4.00** Kids' WB. (PG) **4.05** Looney Tunes. **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans Go! (PG) **6.00** Regular Show. (PG) **6.30** Adventure Time. (PG) **7.00** The Middle. (PG) **7.30** Baggage Battles. **8.00** Container Wars. (PG) **8.30** Movie: Sherlock Holmes. (M) (2009) **11.05** Two And A Half Men. (M) **11.35** South Beach Tow. (M) **12.00** Clipped. (PG) **12.30** Adventure Time. (PG) **1.00** Regular Show. (PG) **1.30** Rabbids. (PG) **2.00** Wild Kratts. **2.30** Batman. (PG) **3.00** Little Charmers. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Borderline Murder. (M) (2011) **2.00** The Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Home And Away. (PG) Skye sees Oscar kissing another girl. **7.30** My Kitchen Rules. (PG) The remaining bottom scoring teams fight for survival as they travel around the country again. **9.00** First Dates. (M) A man with a love of Home and Away meets his match in an aspiring journalist. **10.00** Ramsay's Hotel Hell. (M) Gordon visits the Juniper Hill Inn. **11.00** Botched Up Bodies. (MA15+) **12.00** World's Strictest Parents. (PG) **1.00** Dr Oz. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **7.00** ZooMoo Lost. **7.30** Sally Bollywood. **8.00** Jay's Jungle. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **12.00** Dr Oz. (PG) **1.00** Medical Emergency. (PG) **1.30** RSPCA Animal Rescue. **2.00** Australia's Best Houses. (PG) **2.30** Dealers. (PG) **3.30** Property Ladder. (PG) **4.30** 60 Minute Makeover. (PG) **5.30** Homes Under The Hammer. **6.30** Bargain Hunt. **7.30** Jonathan Creek. (M) A doctor is found murdered in his locked study that has bars on the windows. **8.30** The Inspector Lynley Mysteries. (M) Lynley and Havers investigate the mysterious and brutal death of a lawyer. **10.30** Lovejoy. (PG) **11.45** Bargain Hunt. **12.45** Homes Under The Hammer. **2.00** Shopping. **4.00** Property Ladder. (PG) **5.00** Dealers. (PG)

TEN

6.00 Ent. Tonight. **6.30** GCBC. **7.00** The Home Team. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** The Talk. **12.00** Dr Phil. (PG) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Everyday Gourmet. **3.00** Judge Judy. (PG) **3.30** Ben's Menu. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** I'm A Celebrity… Get Me Out Of Here! (PG) **8.30** Madam Secretary. (M) Elizabeth oversees a mission, to track down the culprits behind a uranium heist in Eastern Europe. **9.30** The Good Wife. (M) Alicia returns to Lockhart, Agos & Lee. **10.30** Hawaii Five-0. (M) **11.30** The Project. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Shopping. **4.00** James Robison. (PG) **4.30** CBS Morning.

ONE

6.00 Shopping. **8.00** Fishing Edge. **8.30** Operation Repo. (PG) **9.00** Tiger: Spy In The Jungle. (PG) **10.00** M*A*S*H. (PG) **11.00** Hogan's Heroes. **12.00** Matlock. (M) **1.00** Nash Bridges. (M) **2.00** Walker, Texas Ranger. (M) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Family Feud. **6.30** M*A*S*H. (PG) **7.30** Megafactories. **8.30** Moments Of Impact. (PG) **9.30** Gordon Ramsay's Hell's Kitchen. (MA15+) **10.30** Sirens. (M) **11.30** Operation Repo. (PG) **12.00** Shopping. **2.00** Diagnosis Murder. (PG) **3.00** Walker, Texas Ranger. (M) **4.00** Jake And The Fatman. (PG) **5.00** Hogan's Heroes. **5.30** Whacked Out Sports. (PG)

ABC

6.00 News. **8.00** News Mornings. **10.00** Q&A. **11.05** David Attenborough's Micro Monsters. (PG) **11.30** Eggheads. **12.00** News. **12.30** Press Club. **1.30** Jennifer Byrne Presents. (PG) **2.00** Parliament. **3.20** The Bill. (PG) **4.10** Murder, She Wrote. (PG) **5.00** News. **5.30** The Drum. **6.00** Antiques Roadshow. **7.00** News. **7.30** 7.30. **8.00** Julia Zemiro's Home Delivery. (PG) **8.30** The Weekly. (M) **9.00** Black Comedy. (M) **9.30** Adam Hills: The Last Leg. **10.20** Lateline. **10.50** The Business. **11.05** Four Corners. **11.55** Media Watch. (PG) **12.10** Parliament. **1.05** Rage. (MA15+) **3.50** Adam Hills: The Last Leg. **4.35** Eggheads. **5.05** The Bill. (PG)

ABC2

6.00 Children's Programs. **4.10** Little Princess. **4.25** Mister Maker. **4.45** Thomas. **5.00** Curious George. **5.25** Sarah And Duck. **5.35** Hey Duggee. **5.40** Peppa Pig. **5.50** Fireman Sam. **6.00** Charlie And Lola. **6.15** Peter Rabbit. **6.25** Octonauts. **6.40** Ben And Holly. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** Doctor Who. (PG) **8.15** Doctor Who: Confidential. **8.30** The Ugly Face Of Disability Hate Crime. (M) **9.30** Bodyshockers: Nips, Tucks And Tattoos. (M) **10.15** Jimmy Fallon. (PG) **11.00** Banged Up Abroad. (M) **11.45** Don't Just Stand There, I'm Having Your Baby. (M) **12.45** Scrapheap Challenge. **1.30** News Update. **1.35** Close. **5.00** Driver Dan's Story Train. **5.10** Joe & Jack. **5.20** Bert And Ernie. **5.25** Tilly And Friends. **5.35** Ella The Elephant. **5.50** Children's Programs.

SBS

6.00 WorldWatch. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News. **12.30** Turkish News. **1.00** PBS News. **2.00** The Century Of Le Corbusier. **3.00** Dateline. **3.30** Insight. **4.30** Bill Bailey's Jungle Hero. **5.30** Letters And Numbers. **6.00** Poh's Kitchen On The Road. **6.30** SBS World News. **7.35** Walking Through History. (PG) **8.30** 24 Hours In Emergency. (M) **9.30** Vikings. **10.25** SBS World News Late Edition. **11.00** Scrum. (MA15+) **12.05** Movie: Paris-Manhattan. (PG) (2012) **1.30** Movie: Love And Rage. (M) (2009) **3.20** WWI's Tunnels Of Death: The Big Dig. (PG) **4.20** Food Lovers' Guide To Australia. **4.55** No Budget. (M) **5.00** CCTV English News. **5.30** NHK World English News.

SBS TWO

6.00 WorldWatch. **11.00** Japanese News. **11.35** Punjabi News. **12.05** Hindi News. **12.30** Dutch News. **1.00** Urdu News. **1.30** Tamil News. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** African News. **4.00** The Feed. **4.35** The Urban Freestyler Extreme. **4.40** Vs Arashi. **5.40** The Office. (PG) **6.05** The Office. (PG) **6.30** If You Are The One. **7.30** The Feed. **8.00** Brooklyn Nine-Nine. (PG) **8.30** Movie: Bill And Ted's Excellent Adventure. (PG) (1989) **10.10** Movie: Peggy Sue Got Married. (M) (1986) **12.00** The Feed. **12.30** Wilfred. (MA15+) **1.00** Shameless. (MA15+) **1.55** Shameless. (MA15+) **2.50** Work Of Art: The Next Great Artist. (M) **3.45** DW News In English From Berlin. **5.00** Korean News. **5.30** Indonesian News.

AUSTAR.

MOVIES

6.15pm Van Helsing (2004) Action. Hugh Jackman, Kate Beckinsale. (M) *Action*
8.30pm Avengers: Age Of Ultron (2015) Action. Robert Downey Jr, Chris Evans. (M) *Premiere*
10.20pm Begin Again (2013) Drama. Keira Knightley, Mark Ruffalo. (M) *Romance*

GENERAL

7.30pm Person Of Interest. (M) *FX*
8.30pm The Goldbergs. (PG) *Universal Channel*
9.30pm Psych. (M) *Universal Channel el*

DOCUMENTARY

7.30pm Cleopatra: Portrait Of A Killer. (PG) *History*
8.30pm Gino's Italian Escape: Island In The Sun. *Lifestyle Food*
9.30pm Napoleon. (PG) *History*

SPORT

7.30pm Soccer. AFC Champions League. *Fox Sports 4*
7.30pm Basketball. NBL. Grand Final Series. Game 1. *Fox Sports 3*
10.30pm Ice Hockey. NHL. *Fox Sports 2*

0203

Classifications: (P) Preschoolers **(C)** Children **(G)** General **(PG)** Parental Guidance **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence. **Please note:** Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Moon. (M) (2009) **3.00** News. **4.00** Afternoon News. **5.30** Hot Seat. **6.00** Nine News. **7.00** Rugby League. NRL. Round 1. Parramatta Eels v Brisbane Broncos. **9.30** Movie: Romeo Must Die. (M) (2000) **11.45** Undateable. (M) **12.15** Anger Management. (M) **12.45** V.I.P. (M) **1.45** Nine Presents. **2.00** Danoz. **2.30** Global Shop. **3.00** Extra. **3.30** GMA. **5.00** News. **5.30** Today.

GO!

6.00 Children's Programs. **7.30** Move It. **8.00** Kitchen Whiz. **8.30** Wild Kratts. **9.00** Imagination Train. **9.30** Little Charmers. **10.00** SpongeBob. **10.30** PAW Patrol. **11.00** Yu-Gi-Oh! (PG) **11.30** Yu-Gi-Oh! (PG) **12.00** Ben 10. (PG) **12.30** Batman. (PG) **1.00** Sooty. **1.30** Yo-Kai Watch. (PG) **2.00** Yu-Gi-Oh! (PG) **2.30** SpongeBob. **3.00** Wild Kratts. **3.30** Rabbids. (PG) **4.00** Kids' WB. (PG) **4.05** Looney Tunes. **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans Go! (PG) **6.00** Regular Show. (PG) **6.30** Adv Time. (PG) **7.00** The Middle. (PG) **7.30** Here Come The Habibs! (PG) **8.10** Big Bang. (PG) **8.40** Survivor: Kaôh Rong. (PG) **9.40** Movie: The Hangover 2. (MA15+) (2011) **11.40** Two And A Half Men. (M) **12.05** Clipped. (PG) **12.30** Adv Time. (PG) **1.00** Regular Show. (PG) **1.30** Rabbids. (PG) **2.00** Wild Kratts. **2.30** Batman. (PG) **3.00** Little Charmers. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: The Boys Are Back. (M) (2009) **2.00** The Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Home And Away. (PG) **8.00** Big Bang. (PG) Sheldon's mother pays a visit. **8.30** Movie: Pretty Woman. (M) (1990) Richard Gere, Julia Roberts. A businessman hires a prostitute. **11.05** Parks And Recreation. (PG) **11.35** Parks And Recreation. (PG) **12.00** The Mole. (PG) **1.00** The Mole. (PG) **2.00** Shopping. **4.00** NBC Today. **5.00** News. **5.30** Sunrise.

7TWO

6.00 Shopping. **7.00** ZooMoo Lost. **7.30** Sally Bollywood. **8.00** Jay's Jungle. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **12.00** Dr Oz. (PG) **1.00** Medical Emergency. (PG) **1.30** RSPCA Animal Rescue. **2.00** Australia's Best Houses. (PG) **2.30** Dealers. (PG) **3.30** Property Ladder. (PG) **4.30** 60 Minute Makeover. (PG) **5.30** Homes Under The Hammer. **6.30** Bargain Hunt. **7.30** Fawlty Towers. (PG) A guest dies in his room. **8.15** Keeping Up Appearances. (PG) Hyacinth volunteers to take some senior citizens to the seaside for the day. **8.45** Judge John Deed. (M) Deed hears the case of a British soldier accused of war crimes in Iraq. **11.00** Suspects. (M) **12.00** Bargain Hunt. **1.00** Homes Under The Hammer. **2.00** Property Ladder. (PG) **3.00** Dealers. (PG) **4.15** Fawlty Towers. (PG) **5.00** Keeping Up Appearances. (PG) **5.30** Shopping.

TEN

6.00 Ent. Tonight. **6.30** GCBC. **7.00** The Home Team. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** The Talk. **12.00** Dr Phil. (M) **1.00** To Be Advised. **2.00** Ent. Tonight. **2.30** Everyday Gourmet. **3.00** Judge Judy. (PG) **3.30** Ben's Menu. **4.00** GCBC. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. A look at the day's news. **7.30** I'm A Celebrity… Get Me Out Of Here! (PG) A celebrity is challenged to escape a cage that is slowly sinking into a lake. **9.00** Law & Order: SVU. (M) After the authorities discover two starving children, the investigation leads back to the Department of Child Services. **10.00** Law & Order: SVU. Follows the Special Victims Unit. **11.00** Blue Bloods. (M) **12.00** The Late Show With Stephen Colbert. (PG) **1.00** Shopping. **4.00** James Robison. (PG) **4.30** CBS Morning.

ONE

6.00 Shopping. **8.00** Reel Action. **8.30** Operation Repo. (PG) **9.00** Monster Jam. **10.00** M*A*S*H. (PG) **11.00** Hogan's Heroes. **12.00** Matlock. (M) **1.00** Nash Bridges. (M) **2.00** Walker, Texas Ranger. (M) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Family Feud. **6.30** M*A*S*H. (PG) **7.30** Epic Meal Empire. (PG) **8.30** Californication. (MA15+) **9.05** Movie: The Wog Boy. (2000) Nick Giannopoulos. **11.05** Man Seeking Woman. (M) **11.35** Operation Repo. (PG) **12.05** Shopping. **2.05** Diagnosis Murder. (PG) **3.05** Bellator MMA. (M) **5.00** Hogan's Heroes. **5.30** Whacked Out Sports. (PG)

ABC

6.00 News. **8.00** News Mornings. **10.00** Australian Story. **10.30** Country Town Rescue. (PG) **11.00** Still Open All Hours. (PG) **11.30** Eggheads. **12.00** News. **1.00** The Bill. (M) **2.00** Parliament. **3.00** The Cook And The Chef. **3.20** The Bill. (PG) **4.10** Murder, She Wrote. (PG) **5.00** News. **5.30** The Drum. **6.00** Antiques Roadshow. **6.55** Clarke And Dawe. **7.00** News. **7.30** 7.30. **8.00** Hatch, Match And Dispatch. **8.30** Jack Irish. **9.30** No Offence. (M) **10.20** Lateline. **10.50** The Business. **11.05** Changing Minds: The Inside Story. (M) **12.05** Comedy Up Late. (M) **12.35** Parliament. **1.35** Press Club. **2.35** Golf. USPGA Tour. The Honda Classic. Highlights. **3.30** Eggheads. **4.00** The Bill. (M) **4.50** The Bill. (PG)

ABC2

6.00 Children's Programs. **5.25** Sarah And Duck. **5.35** Hey Duggee. **5.40** Peppa Pig. **5.50** Fireman Sam. **6.00** Charlie And Lola. **6.15** Peter Rabbit. **6.25** Octonauts. **6.40** Ben And Holly. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** Doctor Who. (PG) **8.15** Doctor Who: Confidential. **8.30** The Weekly. (M) **9.00** The Office. (M) **9.45** Buzzcocks. (M) **10.15** Inside Amy Schumer. (MA15+) Final. **10.40** Jimmy Fallon. (PG) **11.20** Penn & Teller: Fool Us. (PG) **12.05** Live At The Apollo. (PG) **12.55** The Alternative Comedy Experience. (MA15+) **1.20** Scrapheap Challenge. **2.05** News Update. **2.10** Close. **5.00** Driver Dan's Story Train. **5.10** Joe & Jack. **5.20** Bert And Ernie. **5.25** Tilly And Friends. **5.35** Children's Programs.

SBS

6.00 WorldWatch. **12.00** Arabic News. **12.30** Turkish News. **1.00** PBS News. **2.00** The Unstable Elements Of Belarus. (M) **3.00** SBS Flashback. **3.15** JFK: One PM Central Standard Time. (PG) **4.25** Murdoch. (PG) **5.30** Letters And Numbers. **6.00** Poh's Kitchen On The Road. **6.30** SBS World News. **7.30** Rachel Khoo's Kitchen Notebook: London. **8.00** Food Safari Fire. **8.30** What's The Right Diet For You? (PG) **9.35** The Bridge. (MA15+) **10.40** SBS World News Late Edition. **11.10** I'm A Stripper. (M) **12.00** Movie: Beatriz's War. (M) (2013) **1.55** Who Do You Think You Are? (PG) **2.55** First Crossings. (PG) **3.50** Marco Pierre White's Kitchen Wars. (PG) **4.45** Honk If You're Horny. (MA15+) **5.00** CCTV English News. **5.30** NHK World English News.

SBS TWO

6.00 WorldWatch. **6.30** Cycling. UCI Track World Championships. Day 1. **8.30** WorldWatch. **11.35** Punjabi News. **12.05** Hindi News. **12.30** Dutch News. **1.00** Urdu News. **1.30** Tamil News. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** Somali News. **4.00** The Feed. **4.30** The Urban Freestyler Extreme. **4.40** Vs Arashi. **5.40** The Office. (PG) **6.05** The Office. (PG) **6.40** If You Are The One. **7.30** The Feed. **8.00** Gadget Man. **8.30** MythBusters. (PG) **9.30** The Thread. (M) **10.35** Girl Model. (PG) **11.35** Legally Brown. (M) **12.05** The Feed. **12.35** Utopia. (MA15+) **1.35** Utopia. (MA15+) Final. **2.35** Miniseries: Siren's Song. (MA15+) **3.30** NHK World English News. **5.00** Korean News. **5.30** Indonesian News.

AUSTAR

MOVIES

6.20pm The Fault In Our Stars (2014) Romance. Shailene Woodley, Ansel Elgort. (M) *Premiere*
8.30pm Juno (2007) Comedy. Ellen Page, Jennifer Garner. (M) *Romance*
10.10pm 27 Dresses (2008) Comedy. Katherine Heigl, James Marsden. (PG) *Romance*

GENERAL

7.30pm Arrow. (M) *FOX8*
9.15pm Cougar Town. (M) *SoHo*
9.30pm Newlyweds: The First Year. (M) *Arena*

DOCUMENTARY

7.30pm In Search Of Ancient Ireland. (PG) *History*
8.30pm Forbidden History. (PG) *History*
9.30pm The Imposter. (M) *Crime & Investigation*

SPORT

7.00pm Football. NAB Challenge. West Coast v Gold Coast. *Fox Footy*
8.00pm Rugby League. NRL. Round 1. Parramatta Eels v Brisbane Broncos. *Fox Sports 1*
9.00pm Soccer. EPL. *Fox Sports 4*

0303

Classifications: (P) Preschoolers **(C)** Children **(G)** General **(PG)** Parental Guidance **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence. **Please note:** Listings are correct at the time of print and are subject to change by networks.

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NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: Beyond Rangoon. (M) (1995) **3.00** News. **4.00** Afternoon News. **5.30** Hot Seat. **6.00** Nine News. **7.00** Rugby League. NRL. Round 1. Manly Sea Eagles v Canterbury Bulldogs. **9.30** Movie: Lethal Weapon 2. (M) (1989) Mel Gibson, Danny Glover. **11.50** Movie: Pride And Glory. (MA15+) (2008) **2.15** Nine Presents. **2.30** The Baron. (PG) **3.30** Extra. **4.00** Global Shop. **4.30** GMA.

GO!

6.00 Sooty. **6.30** PAW Patrol. **7.00** Yo-Kai Watch. (PG) **7.30** Move It. **8.00** Kitchen Whiz. **8.30** Wild Kratts. **9.00** Imagination Train. **9.30** Little Charmers. **10.00** SpongeBob. **10.30** PAW Patrol. **11.00** Yu-Gi-Oh! (PG) **11.30** Yu-Gi-Oh! (PG) **12.00** Ben 10. (PG) **12.30** Batman. (PG) **1.00** Sooty. **1.30** Yo-Kai Watch. (PG) **2.00** Yu-Gi-Oh! (PG) **2.30** SpongeBob. **3.00** Wild Kratts. **3.30** Rabbids. (PG) **4.00** Kids' WB. (PG) **4.05** Looney Tunes. **4.30** Batman. (PG) **5.00** Ben 10. (PG) **5.30** Teen Titans Go! (PG) **6.00** Regular Show. (PG) **6.30** Movie: The Spy Next Door. (PG) (2010) **8.30** Movie: The Karate Kid. (PG) (2010) Jackie Chan, Jaden Smith, Taraji P. Henson. **11.20** Two And A Half Men. (M) **11.50** Clipped. (PG) **12.20** The Originals. (MA15+) **1.20** GO Surround Sound. **1.30** Rabbids Invasion. (PG) **2.00** Wild Kratts. **2.30** Batman. (PG) **3.00** Little Charmers. **3.30** Yu-Gi-Oh! (PG) **4.00** Power Rangers. (PG) **4.30** Yu-Gi-Oh! (PG) **4.50** Thunderbirds. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **10.00** Tennis. Davis Cup. World Group. First round. **3.00** The Chase. **4.00** News. **5.00** The Chase Australia. **6.00** News. **7.00** Better Homes. **8.30** Movie: Last Vegas. (M) (2013) Robert De Niro, Morgan Freeman. Four friends throw a Las Vegas bachelor party. **10.45** To Be Advised. **11.45** The Goldbergs. (PG) **12.10** Revenge. (M) **1.05** Revenge. (M) **2.00** Shopping. **4.00** NBC Today.

7TWO

6.00 Shopping. **7.00** ZooMoo Lost. **7.30** Sally Bollywood. **8.00** Jay's Jungle. **8.30** Harry's Practice. **9.00** Home And Away: The Early Years. (PG) **9.30** NBC Today. **12.00** Dr Oz. (PG) **1.00** Better Homes. **2.00** Surf Patrol. **2.30** Dealers. (PG) **3.30** Property Ladder. (PG) **4.30** 60 Minute Makeover. (PG) **5.30** Homes Under The Hammer. **6.30** Bargain Hunt. **7.30** The Indian Doctor. (PG) The colliery manager searches for a diary. **8.30** Escape To The Country. The team searches for the perfect home for families who are seeking to get away from city living. **9.30** The House That 100K Built. Andrew and Claire have ditched their nine-to-five lives and gambled everything on a fledgling free-range egg farm. **10.45** Front Of House. **11.15** Best Houses Australia. **11.45** Bargain Hunt. **12.45** Homes Under The Hammer. **1.45** The Indian Doctor. (PG) **2.45** Escape To The Country. **3.45** The House That 100K Built. **5.00** Front Of House. **5.30** Shopping.

TEN

6.00 Ent. Tonight. **6.30** GCBC. **7.00** The Home Team. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **11.00** Motor Racing. International V8 Supercars Championship. Clipsal 500 Adelaide. Qualifying and practice sessions. **4.00** GCBC. **4.30** GCBC. **5.00** News. **6.00** Family Feud. Hosted by Grant Denyer. **6.30** The Project. Join the hosts for a look at the day's news, events and hot topics. **7.30** The Living Room. Landscaper Paul Bangay provides some tips on how to add "wow factor" to a garden. **8.30** The Graham Norton Show. (M) Celebrity guests include Matthew Perry, Gemma Arterton and Miriam Margolyes. **9.30** To Be Advised. **11.30** The Project. A look at the day's news. **12.30** The Late Show With Stephen Colbert. (PG) **1.30** Shopping.

ONE

6.00 Shopping. **8.00** What's Up! Downunder. **8.30** Operation Repo. (PG) **9.00** Epic Meal Empire. (PG) **10.00** M*A*S*H. (PG) **11.00** Hogan's Heroes. **12.00** Matlock. (M) **1.00** Nash Bridges. (M) **2.00** Walker, Texas Ranger. (PG) **3.00** Jake And The Fatman. (PG) **4.00** Diagnosis Murder. (PG) **5.00** Star Trek: Voyager. (PG) **6.00** Family Feud. **6.30** M*A*S*H. (PG) **7.30** Cops. (PG) **8.30** 48 Hours. (M) **9.30** Movie: Bad Ass 2: Bad Asses. (MA15+) (2014) Danny Trejo, Danny Glover. **11.30** Operation Repo. (PG) **12.00** Shopping. **2.00** Diagnosis Murder. (PG) **3.00** Cops. (PG) **4.00** Jake And The Fatman. (PG) **5.00** Hogan's Heroes. **5.30** Whacked Out Sports. (PG)

ABC

6.00 News. **8.00** News Mornings. **10.00** One Plus One. **10.30** Catalyst. (PG) **11.00** Hello Birdy. (PG) **11.30** Eggheads. **12.00** News. **1.00** Crownies. (M) **1.55** Antiques Roadshow. (PG) **2.50** The Cook And The Chef. **3.20** The Bill. (PG) **4.10** Murder, She Wrote. (PG) **5.00** News. **5.30** The Drum. **6.00** Antiques Roadshow. **7.00** News. **7.30** 7.30. **8.00** Griff's Great Britain. **8.30** The Doctor Blake Mysteries. (M) **9.30** Silent Witness. (M) **10.30** Lateline. **11.00** The Business. **11.20** It's A Date. (M) **11.50** Rage. (MA15+) **5.00** Rage. (PG)

ABC2

6.00 Children's Programs. **2.45** Babar And The Adventures Of Badou. **3.10** TwirlyWoos. **3.30** Play School. **4.00** Bananas In Pyjamas. **4.10** Little Princess. **4.25** Mister Maker. **4.45** Thomas. **5.00** Curious George. **5.25** Sarah And Duck. **5.35** Hey Duggee. **5.40** Peppa Pig. **5.50** Fireman Sam. **6.00** Charlie And Lola. **6.15** Peter Rabbit. **6.25** Octonauts. **6.40** Ben And Holly. **6.50** Shaun The Sheep. **7.00** Spicks And Specks. (PG) **7.30** Doctor Who. (PG) **8.15** Doctor Who: Confidential. **8.30** The Anti-Social Network. (M) **9.30** Captive For 18 Years: The Jaycee Lee Story. (M) **10.20** Jimmy Fallon. (PG) **11.00** The Ugly Face Of Disability Hate Crime. (M) **12.00** My Mum Is Obsessed. (PG) **12.50** I'm Having Their Baby. (M) **1.30** Doctor Who. (PG) **2.20** News Update. **2.25** Close. **5.00** Driver Dan's Story Train. **5.10** Joe & Jack. **5.20** Bert And Ernie. **5.25** Tilly And Friends. **5.35** Ella The Elephant. **5.50** Children's Programs.

SBS

6.00 WorldWatch. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News. **12.30** Turkish News. **1.00** PBS News. **2.00** Fonko. (M) **3.00** NITV News Week In Review. **3.30** Island Feast. **4.00** Island Feast. Final. **4.30** Who Do You Think You Are? (PG) **5.30** Letters And Numbers. **6.00** Poh's Kitchen On The Road. **6.30** SBS World News. **7.30** MythBusters. (PG) **8.30** Lost Kingdoms Of South America. (PG) **9.30** Movie: The Big Blue. (M) (1988) **12.30** Movie: 3. (MA15+) (2010) **2.30** Hit So Hard. (MA15+) **4.25** Food Lovers' Guide To Australia. **5.00** CCTV English News. **5.30** NHK World English News.

SBS TWO

6.00 Cycling. UCI Track World Championships. Day 2. **8.00** WorldWatch. **9.05** Croatian News. **9.40** Serbian News. **10.20** Portuguese News. **11.00** Japanese News. **11.35** Punjabi News. **12.05** Hindi News. **12.30** Dutch News. **1.00** Urdu News. **1.30** Tamil News. **2.00** Thai News. **2.30** Sri Lankan Sinhalese News. **3.00** Bangla News. **3.30** Armenian News. **4.00** The Feed. **4.30** Dara Ó Briain: School Of Hard Sums. (PG) **5.25** The Urban Freestyler Extreme. **5.30** House Hazards. (PG) **6.00** None Of The Above. (PG) **6.30** Soccer. A-League. Round 22. Brisbane Roar v Western Sydney Wanderers. **9.20** MythBusters. (PG) **10.20** Movie: Armour Of God. (M) (1986) **12.05** Space Dandy. (PG) **12.35** Space Dandy. (PG) **1.05** PopAsia. (PG) **3.10** NHK World English News. **5.00** Korean News. **5.30** Indonesian News.

AUSTAR

MOVIES

6.35pm Horrible Bosses 2 (2014) Comedy. Jason Bateman, Jason Sudeikis. (MA15+) *Premiere*
8.30pm New Year's Eve (2011) Comedy. Sarah Jessica Parker, Ashton Kutcher. (M) *Romance*
10.30pm Blended (2014) Comedy. Adam Sandler, Drew Barrymore. (M) *Romance*

GENERAL

6.50pm Coronation Street. (PG) *UKTV*
8.30pm Sons Of Anarchy. (MA15+) *FX*
9.35pm Recipe For Deception. (M) *Arena*

DOCUMENTARY

7.30pm Digging For Britain. (PG) *History*
9.30pm Leah Remini: It's All Relative. (PG) *TLC*

SPORT

7.00pm Football. NAB Challenge. Sydney v GWS. *Fox Footy*
7.30pm Basketball. NBL. Grand Final Series. Game 2. *Fox Sports 3*
8.00pm Soccer. A-League. Round 22. Brisbane Roar v Western Sydney Wanderers. *Fox Sports 4*

Classifications: (P) Preschoolers **(C)** Children **(G)** General **(PG)** Parental Guidance **(M)** Mature Audiences **(MA15+)** Mature Audiences Only **(AV15+)** Extreme Adult Violence. **Please note:** Listings are correct at the time of print and are subject to change by networks.

0403

eye to eye
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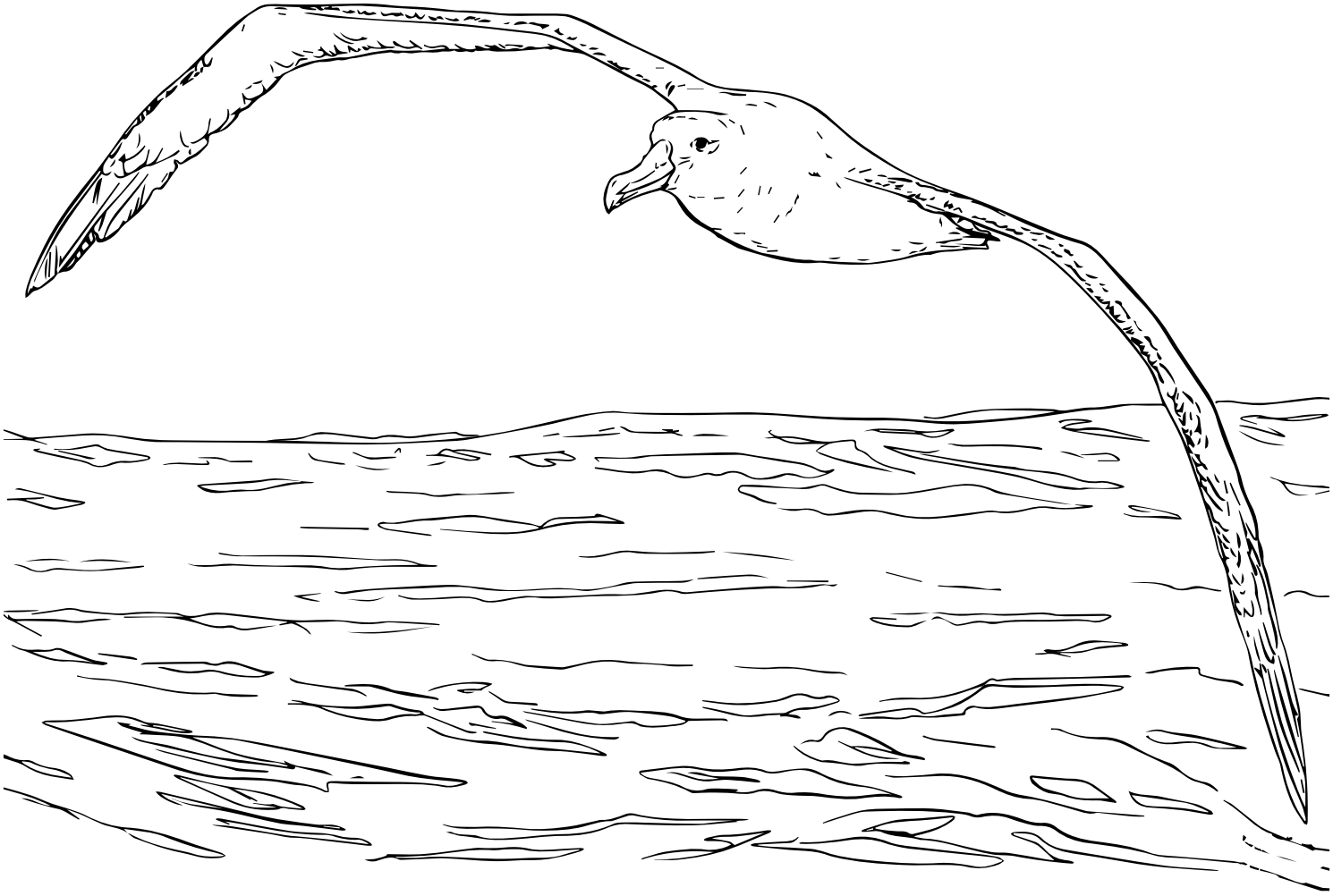

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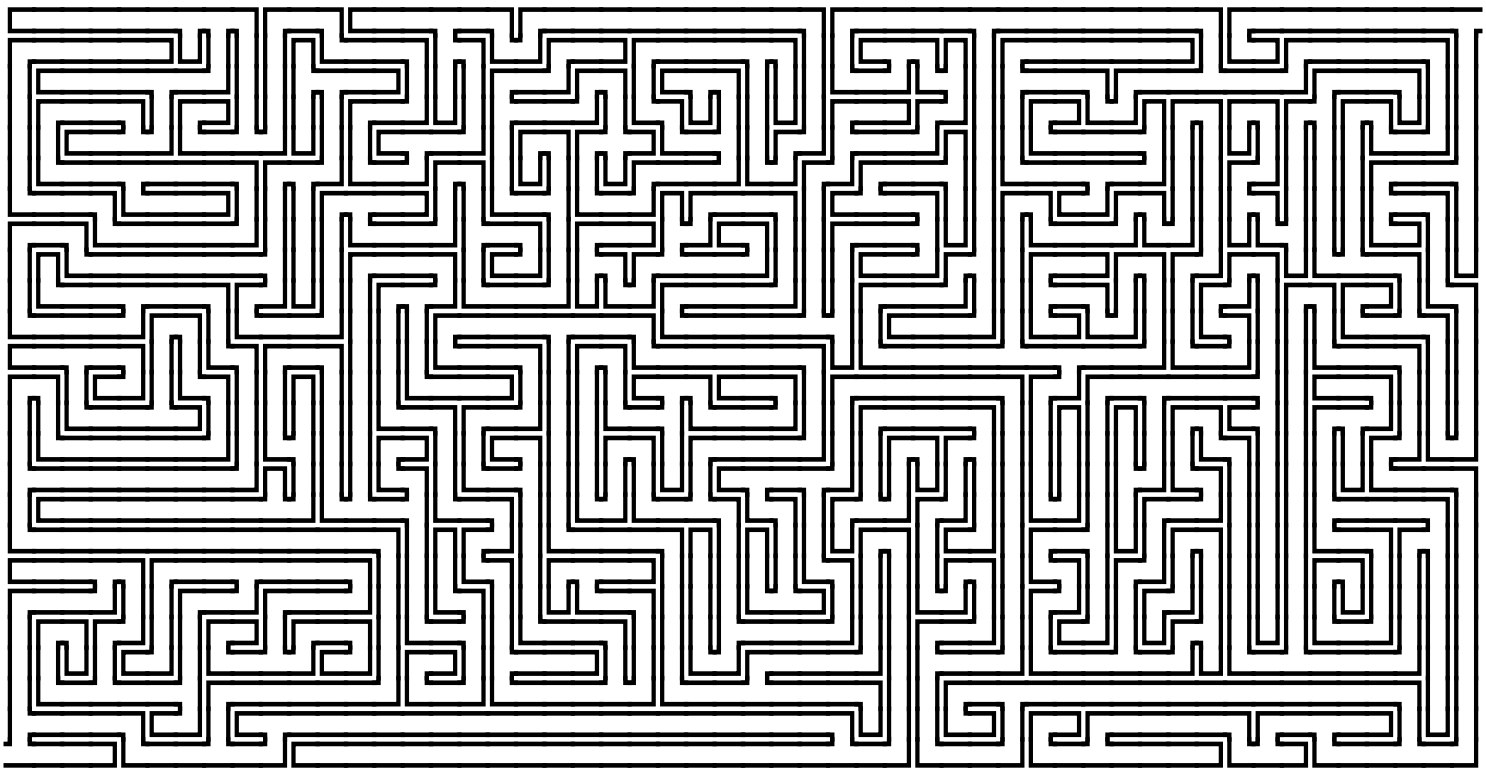

RENOVATION ADVICE

With Jane Eyles-Bennett of Hotspace Consultants, a North Lakes based Interior Designer & Renovation Consultant with over 22 years experience.

Planning to renovate but need advice? Send a good quality photo and your question to: **jane@hotspaceconsultantscom**

Melynda from North Lakes asks: We've just moved into our house and desperately need to update this bathroom! What were they thinking? Any ideas? The problem is that I only have about $2000 to spend.

Jane says: Oh yes that's colourful! Luckily the majority of the wall tiles are fairly neutral tile which means your $2,000 budget might just work.

Tiling over the top of the existing floor tiles is a great time and cost saver. You will need to have the tiler remove the blue tiles along the side of the bath though, so he will need to be very careful not to damage the adjacent tiles in the process.

I would do a neutral browny-grey and change the shower and floor wastes while you're at it. Keep colours neutral as I always say!

The coloured wall tiles are a bit of an issue and not as easily removed and replaced as those on the side of the bath. In this case, I think you should paint over the top of them in a super-high gloss tile paint.

You can do this by preparing the surface with a specialist tile primer and then painting over the top with an enamel top-coat. I like an oil based enamel as you'll generally get a higher gloss level than with an acrylic paint. Colour-wise; go for a ¼ strength of the floor colour.

I can see your trim colour around the window is quite yellow. Does this mean the rest of your walls are this colour too? If so, they all need to be changed to a cleaner white or light grey to tie in with the wall tiles.

You could also look to replace the handles and taps on your vanity, shower and bath. I would do a square knob and square style taps – just to give it a more modern twist.

Lastly, have a really good go at cleaning that shower screen. I've seen screens like this be revived like you wouldn't believe and there are some excellent cleaning products out there to help you.

So you see, a small budget is not always a problem. I've witnessed some amazing transformations on the measliest of budgets!

Jane Eyles-Bennett is the owner of Hotspace Consultants, a local award-winning design and renovation consulting company.
For appointments contact: **Phone:** 0411 705 556 **Email:** jane@hotspaceconsultants.com **Web:** www.hotspaceconsultants.com

Harcourts

Narangba 32 Magenta Crescent

4 2 2

Enjoy the tranquil setting of this low maintenance brick and tile home. Set ideally next to the park, with a bush back drop, and only one neighbour.

When location is everything – this home is situated within easy walking distance to Narangba Valley High school, the Shopping Centre and Narangba Valley primary school.

With two outdoor courtyards you can enjoy the outdoors any time of the day.

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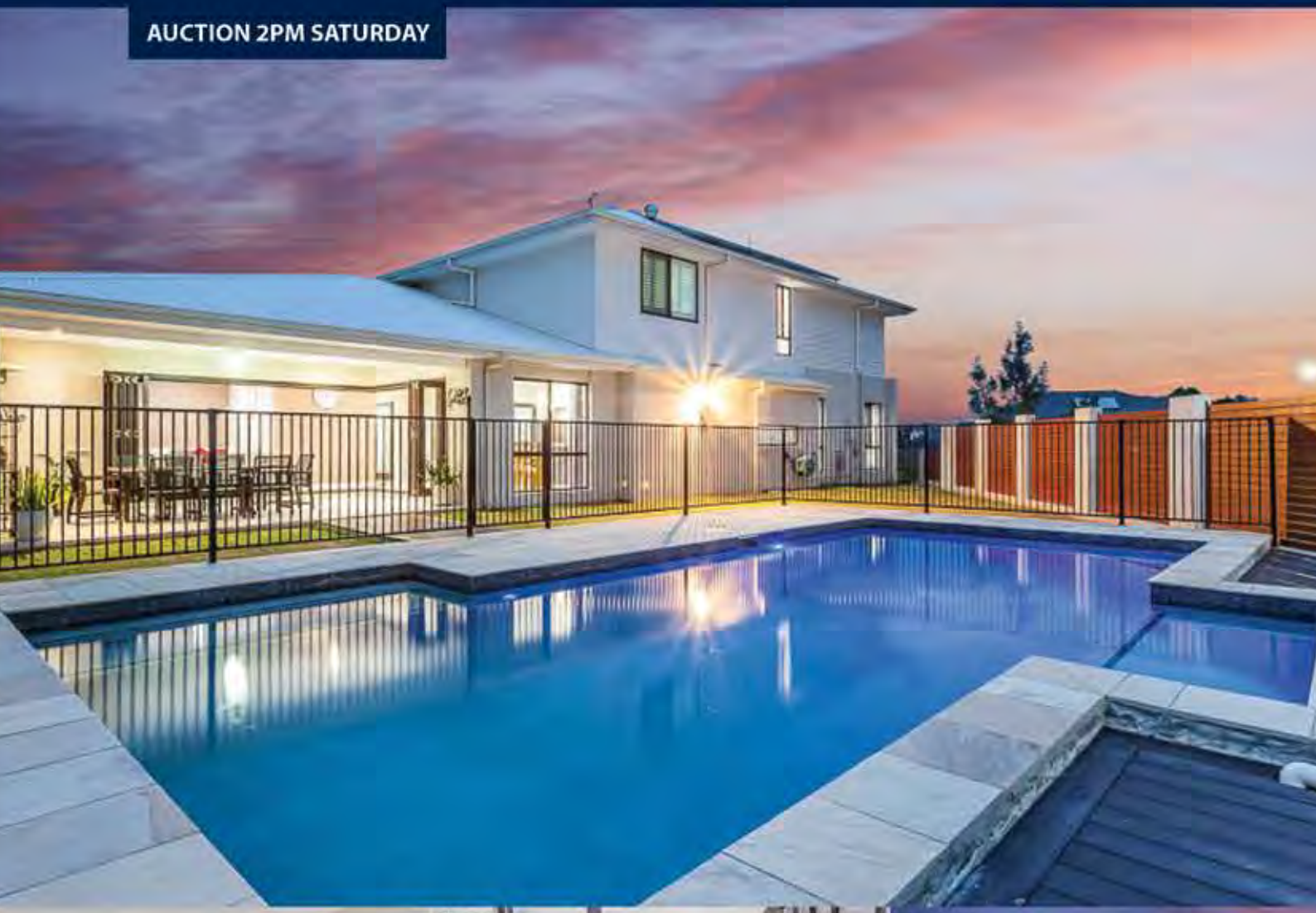
AUCTION 2PM SATURDAY



North Lakes 32 Paterson Street

6 4 2

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NORTH LAKES

4 Quoll Circuit
NORTH LAKES

1 Appleby Close
NORTH LAKES

12 Zircon Place
MANGO HILL

91 Sears Parade
NORTH LAKES

21 Liberty Circuit
NORTH LAKES

18 Standish Street
NORTH LAKES

3 Akuna Way
MANGO HILL

17 Dusky Street
NORTH LAKES

16 Gardenia Parade
NORTH LAKES

36 Rainbow Street
DECEPTION BAY

4 Clarence Street
MURRUMBA DOWNS

18 Miers Crescent
MURRUMBA DOWNS

67 Lanagan Circuit
NORTH LAKES

24 Sandpiper Avenue
NORTH LAKES

7 Martin Street
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16 Duggan Street
NORTH LAKES

7 Durham Street
NORTH LAKES

37 Woodlight Street
MANGO HILL

3 Dunnart Street
NORTH LAKES

10/140 Endeavour Blvd
NORTH LAKES

16 Hoya Close
NORTH LAKES

1 Quokka Street
NORTH LAKES

147 Nicklaus Parade
NORTH LAKES

19 Williams Crescent
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41 Numbat Street
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24 Gannet Circuit
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6 Els Court
NORTH LAKES

5 Gordon Crescent
MANGO HILL

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8 Friars Crescent
NORTH LAKES

30 Gannet Circuit
NORTH LAKES

40 Grampion Circuit
NORTH LAKES

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NORTH LAKES

2/12 Seeney Street
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NORTH LAKES

36 Chamomile Street
GRIFFIN

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MANGO HILL

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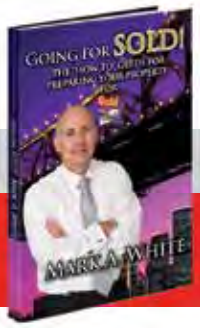

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North Lakes Community Women's Group Inc. News

Written by Sam Stevens Publicity Officer NLCWGI

Our guest speaker, Fiona Edmonds from Mindlife Balance Redcliffe, gave us all a talk on "Know Your Monkey Brain". In this enlightening and entertaining presentation we were given an insight into how our minds work and why our emotions play such a powerful and crucial part in our behaviour.

Tuesday 1st March 9.45am - MONTHLY GENERAL MEETING. A fun morning that involves some general business and announcements of up-and-coming events, followed by morning tea and lots of happy chatter. Visitors welcome.

Tuesday 8th March 9.45am - GUEST SPEAKERS. Our first speaker will be Tiarni Vidler who works with liquid crystals and bush flower remedies as well as meditation, inspirational speaking etc. Our second speaker will be Andy Dougan from the U3A. Visitors welcome.

Tuesday 15th March 9.45am - FASHION PARADE by Portofino. Visitors welcome

Our meetings are open to all women in North Lakes/Mango Hill – Moreton Bay District. Please refer to our listing under the Community Notice Board. For more information contact Julie 3886 4552; Colleen 0418 658 442 0418 658 442, Carmen 3491 9410. All are welcome.

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Sudoku

6	4	1			8			3
		8	5	2				6
	1					6		9
	6	4		5		2	8	
5		9					1	
1				6	5	7		
7			2			1	6	5

Expert Sudoku

Fancy yourself as a sudoku pro? Try this one

					4	5		8
				9			3	
	5	6		2				
2					5		7	
3		9				4		5
	1		3					6
				3		1	8	
	9			5				
4		2	7					

Crossword Solution from last issue

B	E	A	R	C	U	B	■	O	B	S	E	R	V	E
A	■	E	■	R	■	O	■	C	■	E	■	E	■	R
G	O	R	G	E	■	A	D	H	E	R	E	N	C	E
G	■	O	■	P	■	T	■	R	■	I	■	A	■	W
A	D	D	R	E	S	S	E	E	■	G	A	L	A	H
G	■	R	■	■	■	W	■	■	■	R	■	■	■	O
E	V	O	K	E	■	A	D	O	R	A	T	I	O	N
■	■	M	■	N	■	I	■	V	■	P	■	N	■	■
F	R	E	E	L	A	N	C	E	■	H	A	T	E	D
O	■	■	■	A	■	■	■	R	■	■	■	R	■	I
R	I	S	E	R	■	A	L	B	A	T	R	O	S	S
E	■	O	■	G	■	U	■	O	■	O	■	D	■	U
M	I	L	L	E	N	N	I	A	■	N	O	U	N	S
A	■	I	■	R	■	T	■	R	■	I	■	C	■	E
N	U	D	I	S	T	S	■	D	E	C	R	E	E	D

Crossword 6430

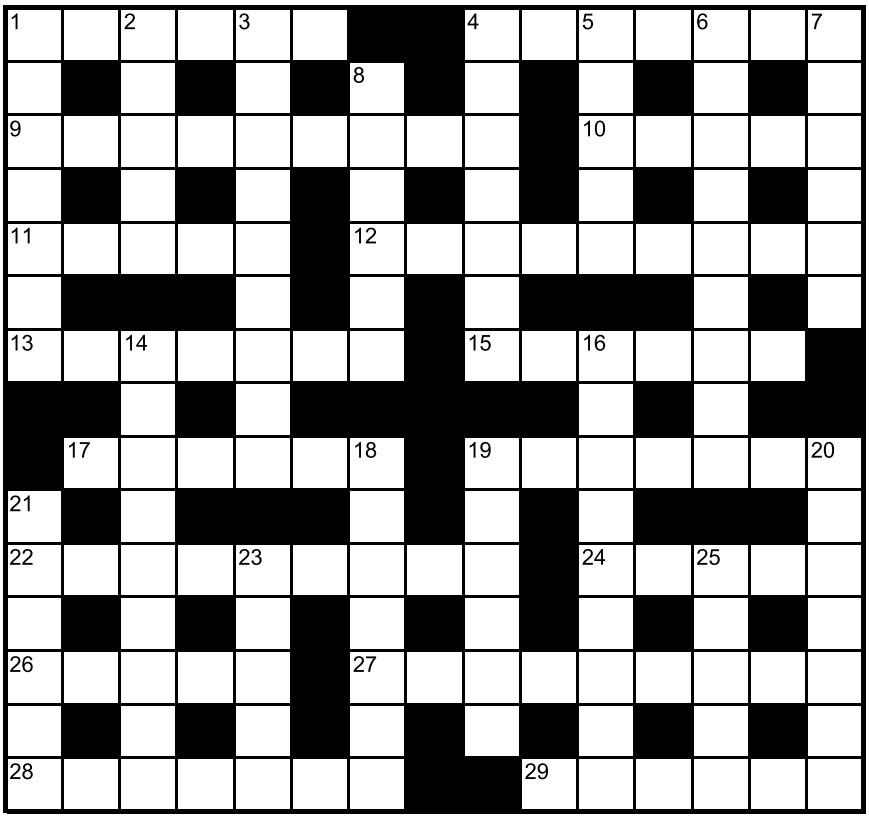
Kindly provided by person of interest - Laurie Stibbe

ACROSS

1 Diagnostic assay
4 Related by transposition (Maths)
9 Young woman's superviser
10 Brother of either parent
11 Top line of a wave or hill
12 Invulnerable to fear
13 Otalgia
15 Long piece of writing
17 Your particular occupation
19 Performance of music or dance
22 Having more than one meaning
24 Unkind person
26 Of Polynesian descent
27 Amenable
28 Stableman
29 Atishoo

DOWN

1 Pedalled vehicle
2 Leaf- or egg-shaped
3 Display on a lavish scale
4 Boulevards
5 Journey taken for pleasure
6 Of weather - severe
7 Doctrine of belief in God
8 Aimlessly drawing
14 Guide books of roads
16 Cantaloupe
18 Happen again
19 Summary of work history
20 New baby's outfit
21 Fondness; feel of liking
23 Framework of metal bars
25 Memorable saying; proverb



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- Maximum of 60 words per submission
- Please resubmit your item in full when making alterations
- To guarantee placement for the following week, please make your submission by Thursday prior
- Your submission will run ongoing until you notify us otherwise

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RSPCA:	**1300 363 736**
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THE 500 CLUB If you enjoy a friendly of 500 you can join us at Redcliffe Senior Citizens centre, 401 Oxley Avenue Redcliffe every monday from 12.30 pm - 4 pm Contact Trish on 32035047 or Vivi on 0407238163

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A.I.R. Moreton Bay Region Branch The Association of Independent Retirees (AIR) Limited meets on the 3rd Monday of each month (except December) at the Redcliffe Public Library meeting rooms commencing at 12.30pm. Visitors are welcome. AIR provides members with information to help plan their retirement and undertakes advocacy on the many issues confronting retirees. Contact 3142 2506 Website www.independentretirees.com.au

AI-ANON. If someone you love, or are dependant on has a drinking problem and you can see what it is doing to them; if you're also concerned how it's affecting you. We can help. Al-Anon Family group meets Tuesdays at 12.30 at the Church of Christ Church on Ashmole Road, Redcliffe. For futher information phone 1300252666

ALCOHOLICS ANONYMOUS. If you want to drink thats your business If you want to stop we can help. alcoholics anonymous holds meetings everyday in the mortenbay area in the following suburbs,caboolture,bribe Island,deceptionbay,redcliffe,margate,clontarf,woodypoint please phone 1300222222 or go to aa.org.au

ALL ABOUT LIVING is an aged care service provider that is looking for volunteers to assist with transport, administration, activity groups and projects. If you are interested in helping our participants please contact Kathy on 07 3269 1915, or see our website www.allaboutliving.com.au - We promote Choice, Support and Connection

A.L.P. To all ALP members in North Lakes & Mango Hill. The local branch of the Australian Labor Party meets the 1st Wednesday of every month at 'The Space' North Lakes cnr of Endeavour Blvd and Lakefield Drive. For more information contact Mick 0422 434 562 or Judi 0407 958 610 or Email alp.murrumba.east@gmail.com

ANGLICAN CHURCH St Peter the Fishermen 13 Lucinda St CLONTARF. Services 6PM Saturdays, 7AM (except 1st Sunday), 9AM Sundays family worship and kids club, 10AM Wednesdays. Little Fishers for pre-schoolers and under 2nd Thursdays 9.30AM, Youth Group 10+ 1st Fridays 6PM. Beautiful church, setting/gardens for weddings, baptisms, blessings, funerals.3883 2378 ALL WELCOME

ANGLICAN CHURCH OF NORTH LAKES You are invited to worship with us this Sunday at either of our services. Communion is celebrated at our 8am Traditional service each week or on the 1st Sunday of each month at our 10am Contemporary service. All services are held in the Performing Arts Centre of North Lakes State College on Joyner Circuit. For further info, call Fr Dan on 0403 977 512 or visit our website at www.thelakesanglican.org.au

ANNE'S SOCIAL CIRCLE. Looking to welcome new members. We are a group of Single Men, Women and Couples from all walks of life. We get involved in a diverse range of activities, including Live bands, Tribute shows, lots of dancing, Live Theatre, Restaurants and trips planned for the future. A wine tasting coming up. The more the merrier, a non clicky group of fun people. Don't sit at home go out and have fun. For more information call Anne on 3880 1088.

ARANA VIEW CLUB Luncheon meeting 10.30am for 11.00am on Wednesday 2nd March 2016 at Arana Leagues Club, Dawson Parade, Keperra. Guest speaker is Betty Van, Body Language Consultant. Trading Table (bake, make, grow) and Raffles. Two-course lunch incl tea/coffee ($24.00). Bookings: Heather 3300 3733 by 4pm Monday 29th February. Arana VIEW meets on the first Wednesday of the month and welcomes new members and visitors to our meetings and other social activities organised each month.

ARE YOU A SINGER? Counterpoint Vocal Ensemble has vacancies for an experienced baritone and soprano. Counterpoint is an auditioned adult 4-part choir specialising in a cappella choral works of a wide variety of genres. The group rehearses at Banyo and presents three major concerts each year. For information, or to register your interest, please call 3284 3688.

BABY & TODDLER GROUP (REDCLIFFE): Teeny Tots meets every Thursday (term time only) at Recalibrate Church, 3 Plume Street, Redcliffe. Starting at 9:30am – 11:00am with craft times, stories, morning tea and free play that everyone will enjoy! $2 entry. Please call the Recalibrate Church office on 07 3284 6511 or email office@recalibrate.church for more details.

BAHA'I FAITH of Moreton Bay Region openly invites enquiries of Belief Principles, Children's Classes, General Information, Holy Day Events, Holy Script Study Groups, Internet Sites, Library Books, Pamphlets, Social Gatherings, School Religious Classes, Youth and Pre-Youth Activities and more. "The world is but one country and mankind its citizens". Baha'u'llah Phone: 07 38861567 Email: Moreton Bay LSA [mbrlsa.sec@gmail.com] Web: www.bahai.org.au or www.moretonbaybahais.org

BLUE DENIM COUNTRY MUSIC CLUB Progress Hall, 34 Cornelius Street, Clontarf. Socials 4th Sunday of each month. Contact Julie 3889 3179 or Lesley 3284 1083. All welcome. Entry is $6.00. Social commences 12:30pm. See Facebook for other details.

BOOM YOUTH A High School Youth Program in North Lakes (the Space) @ Kallangur (Kallangur State School). 7-9pm For more information, please call 0413 905 336.

Brendale Evening VIEW Club meet for dinner on the third Tuesday of the month at Wantima Country Club, (Golf Club) 530 South Pine Road, Brendale. We enjoy a two course meal, a guest speaker, raffles and lucky door prize. We raise funds for the children's charity The Smith Family and support students through their education. Ladies come meet new friends. Visitors and new members welcome. Phone Anna at 3425 3927 or 0400 557 082

BRIDGE PLAYERS, We have a small club at North lakes library level No1 meeting Monday and Friday mornings at 9.30 till approx. 12.30.come along or ring Ken Hooper on 32045636.

BRIDGE Redcliffe Bridge Club plays most days of the week. Players of all levels are welcome. Lessons held every six months. Morning and afternoon sessions. If interested please contact Richard on 3882 5970.

BUNYA TOASTMASTERS CLUB invites visitors to meetings on 1st, 3rd & 5th Wednesdays of every month at Aspley Hornets AFL Club. Learn public speaking and leadership skills while networking with enthusiastic locals. Starts 6:45pm until 9:30pm. Contact Trinh 0434 115 259 or email: trinh7077@gmail.com. Drop by on your way home and join the fun! It's FREE!

BUSH POETRY, NORTH PINE We meet 1st and 3rd Sundays 9am until noon at The Distillery North Pine Hotel Old Petrie Town Dayboro Rd Petrie. All welcome. Perform or listen, have your work read, Closet Poets set yourself free in a friendly nurturing environment. C'mon dip your toes in the water. Contact Cay on 07 3408 3219 or front up and make yourself known to the MC. Change your Life for the better, take the first step.

CABOOLTURE FAMILY HISTORY Research Group provides one hour of FREE assisted local, Australian and overseas research is available at Caboolture Family History Research Group Inc, located at Caboolture Historical Village, Beerburrum Road on Monday, Wednesday, Friday and Saturday between 9.30am - 2.00pm. (No entry fee to village for CFHRG research) Tel (07) 54282018 or email us at cfhrg55@bigpond.com.

CABOOLTURE HISTORICAL VILLAGE POTTERS is a pottery group located in the Caboolture Historical Village, Beerburrum RoadmCaboolture. We hold lessons every Monday and Tuesday from 9 am till 1 pm. We sell handcrafted pottery in our gallery. Contact phone number for the Pottery Shop is 5498 9933 or contact club president onmobile number 0409 057 436.

CATHOLIC MASSES ON REDCLIFFE PENINSULA. Everyone is welcome to join any of our regular Masses. These are held at the Holy Cross Church, Anzac Ave, Kippa-Ring, at 6pm Saturday (Vigil); 9am Sunday; and 5pm Sunday. Mass is held at Mary Queen of Peace Church, Victoria Ave, Woody Point at 7.30am Sunday. Weekday masses are also held. See details in the Parish Newsletter at our website, www.redcliffecatholicparish.com or phone 3293 0800.

CATHOLIC NEWS IN NORTH LAKES AND MANGO HILL. Everyone is welcome to our Sunday Mass at 9.30 am in St Benedict's School, Capestone Blvd (off Anzac Ave) Mango Hill. We have a very active youth group. We also hold a Friday weekday mass at St Benedict's School at 9.00am except for the first Friday of each month. See details in the Parish Newsletter at our website, www.redcliffecatholicparish.com

CENTRAL LIONESS CLUB Lioness Club Redcliffe. Meet new friends & provide community services for your local area. We meet on the 2nd & 4th Monday at 6.30pm at Woody Pt Hall, Redcliffe. Contact Gill Bust 32842025 & Liz Alcock 3284 9415.

CENTRED YOUTH A fantastic High School youth event in Redcliffe @ Recalibrate Church, every Friday (term time only). 7:00pm – 9:00pm (chill time from 6:30pm) with sports, games, PlayStation, great music and life changing messages. Contact the Recalibrate Church office on 07 3284 6511, office@recalibrate.church and check out our website www.centredyouth.com

CHRISTADELPHIANS OF REDCLIFFE - 6 Irene Street. Redcliffe.Find out what the Bible really teaches. Addresses held each Sunday evening at 7pm, - 2pm on the first Sunday of each month. Join us on the left side of the Redcliffe jetty, last Saturday of each month, 10:30am. All our activities are totally free, no collections, all your questions will be truthfully answered. E-mail redcliffeges@optusnet.com.au for further information.

CHRISTIAN GROW GROUP meets at Deception Bay Baptist Church, Cnr. Silver Street and Maine Terrace, Deception Bay, each Tuesday morning at 9.30 am. Our group welcomes anyone battling a mental health problem. We use Grow's long tried and tested 12 Step Program with practical steps and peer support to aid in recovery of mental health. For more details, phone Malcolm on 3888 0594.

CLASSICALLY TRAINED VOCALISTS wanted to start a group of 3-4 females aged between 25-40. Classical crossover e.g. Celtic women, Katherine Jenkins, Sarah Brightman, and traditional classical repertoire. Email Rebecca, at classical_music_girl1@yahoo.com.au

CONSUMER ADVOCACY For patients who have endured/enduring difficulty with current illness/disability or treatments. Jodie from Jodiesjourney.com can assist patients with free assistance and advice, particularly in the area of how to get the most out of the medical system and the best consumer outcomes. Jodie also speaks at functions and has a team of consumer consultants who can help anyone using the healthcare system at consumerconsultation.com - contact at jodie@jodiesjourney.com

CRAFT AND COFFEE MORNING: Pine Rivers QCWA Craft and Coffee group meet at 9:30 am on the 3rd Tuesday of each Month at the Girl Guide Hut - Nightingale Road - Lawnton. All welcome to come along and for further information Phone 54595 5151.

CROSSWAYS SOCIAL GROUP FOR DISABLED ADULTS meets every 1st & 3rd Thursday of the Month from 7.00- 8.30PM at Redcliffe Uniting Church hall, 1 Richens St Redcliffe. Cost $2.00 & bus pick up a extra $1.00. Phone 3284 6451 for further information.

DECEPTION BAY GEM & ALLIED CRAFT CLUB every Monday Wednesday Saturday 9am to 12 noon at 52 Old Bay Road Deception Bay (opp. Deception Bay North State School). Learn how to cut & polish stones(cabochons) faceting, silverwork and more. Secretary 0414488560. Come and enjoy learning all aspects of jewellery making at our friendly club.

DECEPTION BAY SEVENTHDAY ADVENTIST'S meet every Saturday at Deception Bay Prima ry School Music Hall Corner of King Street & Beauford place at 9:30 am for bible study and 11:am worship service. Everyone most welcome. Contact Humberto 0738865818 for further information.

DECEPTION BAY SPIRITUAL CENTRE Every Sunday from 2.30 until 5.30pm for Meditation, Healing and Service. We also sell Crystal Gemstones at a very reasonable cost. All enquires contact Rev Carol Bloor 0418 592 412.

DISCOVERY BAPTIST CHURCH, North Lakes, is a Christian Church committed to knowing God deeply and making a difference in our community of North Lakes. We'd love for you to join us for Sunday worship and God's Gems (Sunday School) at 9.30 am at The Space – corner of Lakefield Drive and Endeavour Boulevard, North Lakes. For other information and activities please visit our website at: www.discoverybaptist.com.au or contact Pastor Phil Smith: 0430811967.

DOLLSHOUSE EXTRAVAGANZA is a 2 day display of doll houses and scale miniature items that will be on at the Strathpine Community Centre on the 27th and 28th February 2016. There will be traders will items for sale from across Australia & New Zealand. The show opens at 10 am and closes at 3.30 pm each day.

EILDON CROQUET CLUB is an enjoyable club to join and play croquet. We play 4 forms of croquet, ricochet, golf, association and gateball. We play Monday ,9:30, Tuesday 8:30, Wed 9:30 Friday, 3:30 and Saturday 8:30. This is a game that all ages can enjoy. We have 3 members of the gateball team who are children and they play very well with the adults, hence a great family game. You are most welcome to phone 3203 7262 or 3283 2924 and arrange to come along.

FLORAL ART. Peninsula Floral Art Group welcome visitors and new members to join them each month to have fun with flowers. We are a small group who enjoy both each others' company and learning the skills of flower arranging. Our meetings are at The Hub Old Fire Station Oxley Avenue Redcliffe on the 2nd Tuesday each month (February to November) 9.30am morning tea 10.00am workshop and meeting. Enquiries Pat Spillman Secretary Ph 32845795 Email pfag-redcliffe@hotmail.com.

FOOD SUPPORT. Do you need some Food Support? Struggling to put food on the table? Please contact the Life Community Care office to receive a box of food on 07 3482 3005.

FREE CONVERSATIONAL ENGLISH LESSONS Thursday Morning 9.30 – 11am or Tuesday Evening 7 – 8.30pm . All ages. In Deception Bay, crn Maine tce & Water st. Phone: Susan 04496 63421

FRIENDLY SOCIAL TABLE TENNIS club. We are a group of 50 and overs (men and women) that will welcome new members. We play every Monday from 8am untill 12 noon at Redcliffe Senior Citenzens hall, Oxley Avenue (next to the old fire station) cost is minimal including morning tea. come along or contact Pat 3880 1210 or pedwards1948@bigpond.com

GRANDPARENTS SUPPORT GROUP (GAGS) A support group for grandparents who raise their grandchildren full-time. We cover all of the Moreton Bay area. We are only a phone call away for a chat, advise. The group meets on the first Wednesday of each month (except sch holidays) in a conference room next to the Caboolture Library known as The Hub. For information phone Lynn Fielding 0407251274.

GROUP OUTDOOR FITNESS North Lakes This isn't a business it's just a small group M/F aged between 20ish and 50ish who get together twice a week in the park in Little Burke Street at North Lakes to train, Tuesday and Thursday from 6.30pm sessions go for about an hour, join us and get great encouragement and help, For more information and questions answered call or txt Bryan on 0428337525

HER INSTINCT CLUB @ North Lakes If you love sharing your talent, passion and life in food, writings, music, photography and art etc, meet us at the new club. Create and collaborate on projects that you enjoy and we may publish them on our not-for-profit website. Or simply brainstorm your next big idea with like-minded members at our gatherings. Dreamers, amateurs and professionals welcome. Men/women. Email chrisoer@gmail.com to find out more

JETTY ARCADE FREE CONCERT Redcliffe Surfside Country Variety second Sunday each month from 9.30a.m. with ROD BRANDT & his BOUNDARY RIDERS and selected guest artists. Contact Rod & Colleen on 3885 4347 further details.

JP BOOTH Deception Bay shopping centre 9-12 Mon-Fri 9-1 Sat

JUSTICE OF THE PEACE SERVICE Run by volunteers, a Justice of the Peace Service is available at Westfield North Lakes Monday – Friday 10.30 am -2.30 pm, Thursday Night 6.30 – 8 pm. Saturdays 9.30am – 12 midday. Call Westfield Centre Management 3491 9072 or emergencies only Dept of Justice Brisbane 1300 301 147.

KALLANGUR INDOOR BOWLS Monday Afternoons from 1pm-4pm Kallangur Community Centre, Next to the Library on Anzac Avenue, Kallangur Cost: Only $4 which includes tea, coffee and biscuits. Come along and enjoy an afternoon of fun. Join a friendly group who will welcome all new members. Beginners very welcome. For more information please contact Wyn Carlton on 07 3886 2779

KALLANGUR MEMORIAL BOWLS CLUB Wednesday Men's Pairs 12.30 pm. Thursday Ladies/ Mixed 9.30 am. Saturday Open Social 12.30 pm. Large airconditioned function room, private bar facilities and catering available. Friday night meals at very reasonable prices. Greens available for barefoot bowls for individual or corporate groups. Telephone 3285 2267 email: kallangurbowls@gmail.com for more information.

KALLANGUR, the Pine Rivers Senior Citizens Club Inc. welcomes you to join us for indoor bowls,sq dancing every Tuesday,concerts 2nd Wednesday of month,bus trips 3rd Wednesday,and bingo last Wednesday of each month. Venue is the community hall 1480 Anzac avenue(opp Red Rooster) for further info please Fred on 32054024 or email prscc2@gmail.Com.

KALLANGUR OVER 50'S SOCIAL CLUB - NEW DAY If you are interested in meeting new friends and playing affordable bingo, then come along to North Leagues Services Club on Tuesday mornings at 9.30 a.m. Enjoy a cuppa with friends. Other club activities include raffles, playing cards and monthly bus trips. Special occasions also celebrated throughout the year. Membership only $ 5-00. Please contact Gailene 3285 3905 or email ng.parnell@gmail.com for more details.

KOALA & WILDLIFE RESCUE PINE RIVERS is a local community organisation that has been in operation for over 19 years. We can be contacted 24/7 for ALL wildlife on 0401 350 799. We meet at Pendicup Place 365 Samsonvale Rd Warner at 7pm on the 4th Thursday of each month all welcome. We are always looking for rescuers & new members. All enquiries please phone 0401 350 799.

KSP Theatre Inc: is an amateur, not for profit, theatre group celebrating our 30th year. Cnr Old Bay Rd and Maitland Rd Burpengary. We welcome new members of all ages who are interested in any aspect of live theatre. Five productions per year: pantomimes, comedies, theatre restaurants etc. Family friendly environment. For information about shows, membership, or to receive our newsletter please call 38888580.

LADIES 50 - 60S age bracket needed for social tennis, played at Chermside Rd in Danzy Buchanan Park Mango Hill on Friday mornings from 8.30 am to 11.30 am please Contact Christine 0432042764 or Maureen 0424098073. Lovely ladies would welcome you.

LADIES SMALL CARD GROUP Canasta five & pony 50's - 60's age bracket Wednesday 10am - 3pm North Lakes 3203 1239 Will teach if needed.

LAKES ANGLICAN CHURCH SERVICES. Sunday worship: 1st Sunday of each month Combined communion service and Children's Church at 9am: Every other Sunday there is a traditional communion service at 8am and at 10am there is a contemporary service which includes Children's Church up to age 11, modern worship, relevant sermons that address life's challenges.

LIFE! CHURCH SERVICES: 9:30am @ Kallangur State School & 5pm @ North Lakes State College. ALL ARE WELCOME. For more information, please go to www.thelifechurch.org.au

LIONESS CLUB OF MORAYFIELD & DISTRICT Come and join us to help support our local district. We meet on the 1st Thursday of each month for a Dinner Meeting, 6.00 for 6.30pm for a short meeting and socializing. Also, on the 3rd Wednesday morning 9.30 for 10.00am for a Business Meeting. Venues will be advised on contact. Contact Margaret Zonca 5499 0509 or Joy Hynes 5433 0650.

LIONESS CLUB OF REDCLIFFE CENTRAL meet 2nd and 4th Mondays at 6.30pm. This is a great way to make new friends and help the community at the same time. For further information Phone Liz on 3284 9415.

LIONS CLUB OF NORTH LAKES: If you're a new resident of North Lakes wishing to integrate into the community and want to make new friends, please consider joining our club. We Dinner/Meet the 2nd & 4th Wednesday evenings of each month, have regular interesting guest speakers, are pro-active and incorporate a varied social outing calendar, mindful of keeping a balance between family, work and play. We're a very happy Lions club and encourage couples to join. Call Chris on 0429 457 722 and I'll arrange our Membership Chairman to call you.

LIONS CLUB OF REDCLIFFE. Our friendship club welcomes you to join us once a month for a fine meal with interesting guest speakers, and have a friendly get together once a month to play cards or just chat. Call Neil or Maureen Tyler on (07) 3204 8883 or Email nghmtyler@bigpond.com

LIONS CLUB OF REDCLIFFE KIPPA-RING Come join our flourishing Club, supporting the local community. We run the Redcliffe Showgrounds Community Markets every Sunday from 6am – 11am. We visit the elderly & isolated, and recycle used spectacles to send to needy countries, plus more! Meetings held 1st & 3rd Tuesdays at Rothwell Hall, Board meeting 2nd Tuesday. Call 0418 191 578.

MAKE FRIENDS HAVE FUN with The Moreton Bay Social Group 45+ Join us Tuesday evenings from 6pm at Redcliffe Leagues Club as friends, lets chat and maybe enjoy dinner in a relaxed atmosphere with friendly people and discuss outings to enjoy for the month and beyond. If you are interested in a group that only wants to socialize Ph Maureen 34918998 Nick 0423543833 Jen 38803357

MASONIC MEETINGS Freemasons, and anyone interested in learning about Freemasonry, wishing to attend a Daylight Lodge. We meet 9-30am. the fourth Monday of every month at Freemasons Centre Seaville Av.Scarborough, on the Redcliffe Peninsula. Our friendly Ladies ,who attend every Luncheon,will extend a warm welcome to your wife,please bring your wife along. Phone Les 3888 0739.

MEN'S SHED REDCLIFFE Community is now up and running and available to All Men, in the area. Activities, or just a cuppa and a yarn are on offer in this new Shed . The Shed is at The CommunityHouse 1 Laminton Drive , off Oxley Avenue and hours are Mon,Wed,Fri, 9-00am til 1-00pm. Call in for a chat or phone 0490 468 222 and speak to Wal or Joe

MEN'S SHED The Pine Rivers men's Shed operates every Monday, Tuesday, Wednesday and Friday 8.30am – 1.30pm at our shed, Old Petrie Town, Dayboro Rd, Kurwongbah. If you like activities such as woodwork, metalwork, computing, etc and making items for the community, or if you just enjoy a cuppa and a chat – come along. All men of any age welcome. For further information contact Sal 32612323 or 0438612324.

MORETON BAY CHRISTADELPHIANS Free Bible based seminars. On every Wednesday at 7.30pm. Various Topics. 4 Whites Rd Petrie. For more info call 0411 649 466 or email info@moretonbayecclesia.net

MORETON BAY SYMPHONY ORCHESTRA aims at providing quality music for the Moreton Bay region. MBSO performs a selection of music such as contemporary popular, classical and large scale symphonic music. Subsidiary groups include a Junior Strings (under 15), Youth Symphony (under 25), Jazz Band and Flute Choir. Play an instrument? We are always on the lookout for more musicians! Like us on Facebook! Email: enquiries@mbso.org.au Visit our website at: www.mbso.org.au

MOUSETRAP THEATRE Redcliffe Showgrounds home to plays, musicals, cabarets, pantomimes and theatre festivals. Acting workshops for primary & high school aged children. Technical workshops. We are a warm and friendly little theatre company, where everyone is welcome, either in acting, backstage, technical, directing roles etc. Further information: 0439 954 719

MUSICIANS WANTED South East Queensland Symphonic Winds is a community concert band based at Bracken Ridge. We provide an opportunity for musicians of all ages to develop their

musical skills in a fun and friendly environment. We currently have vacancies for trumpet, french horn, flute and percussion but all membership enquiries are welcome. Email enquiries@seqsw.org.au or visit our website: www.seqsw.org.au

NAVY CADETS – TS Koopa Youth 13-19 Years Parade 630pm to 930pm Friday Nights TS Koopa Kal-Ma-Kuta Dr Sandstone Point Enquiries co.tskoopa@navycadets.gov.au 0430 940 189

NORTH LAKES COMMUNITY WOMEN'S GROUP INC. meets on the first three Tuesdays of the month at 09:45 am at the Community Centre, The Corso, North Lakes. On other Tuesdays we meet for lunches, bus trips and planned outings. Enquiries please phone: Julie, 3886 4552; Colleen, 0418 658 442; or Carmen, 3491 9410: All welcome.

NORTH LAKES UNITING CHURCH offers a family service with children's Sunday School. Services each Sunday at 9:30am followed by fellowship and refreshments are held at The Lakes College located at Cnr College Street and Discovery Drive, North Lakes. All welcome. Contact Mark Cornford on 0421 950 325 or email info@northlakesunitingchurch.org.au

OLDER WOMEN'S NETWORK, Woody Point meet every 2nd & 4th Tuesday at 10AM. We are an energetic fun & friendship group who meet for company, mutual support and to information relevant for senior women. Venue: Woody Point Memorial Hall Cnr of Oxley Avenue & Hornibrook Esplanade, Woody Point. Entrance fee $4 Lucky Door Prize 9th Feb Topic: Enduring Power of Attorney & Advanced Health Directive. 23rd February: Author Lorraine Szabo. Speaker JP John Carpendale

PEACE PRESBYTERIAN CHURCH We welcome visitors to our church at 155-157 Maine Terrace, Deception Bay. Weekly service held at 9:30am and Kid's Church starts at 9:45am. Regular Kids Club programme over two days during the school holidays. Teen club meets the first Friday of the month at 5:00pm for tea. Monthly craft group and an op-shop that opens the second Thursday of the month from 9am to 12noon. Please drop in and share a coffee and cake with us. For more information phone 3888 3781.

PENINSULA ANIMAL AID is an animal refuge shelter for rescued dogs and cats. The shelter is located at Clontarf on the Redcliffe peninsula and is solely run by volunteers and has been operating since 1971. If you would like more information about adopting an animal, volunteering, becoming a member or attending our monthly meetings, please phone 3284 1927 or go to our website www.peninsulaanimalaid.com.au

THE PENINSULA HERB GROUP meets every third Saturday in The Wallum Centre at the Redcliffe Botanic Gardens, Henzell St Redcliffe. Meetings start at 1:30, we welcome all visitors and anyone interested in herbs. For any enquires please ring the secretary on 32843279 or herb garden coordinator on 32831828.

PENINSULA SOCIAL GOLF CLUB welcomes both male and female golfers of any level, with or without an AGU Handicap. Peninsula Social Golf Club plays at a variety of courses with both single and team events, has an annual dinner and presentation evening and a weekend end of year trip. Any golfers interested can contact Club Secretary Noel Price 0413 781 830 www.peninsulasocialgolfclub.asn.au

PENNINSULAR WELLNESS GROUP. Learn about the healing power of essential oils. How essential oils can help you to recover from illness and stay well. We meet Sundays from 2:30 pm to 4:30 pm at Warwick Tower 13/51 Marine Pde Redcliffe (opposite Sutton's Beach) For more information ring 07 34825145

PINE RIVERS QCWA is holding a Market Day and Jumble Sale Sunday 13th December at Redcliffe QCWA Hall, 189 Prince Edward Parade Redcliffe. 8am–1pm. Stalls with Scrapbooking, Sewing, Craft, Books, Baking, Preserves and Bric a Brac. While there browsing enjoy a Devonshire Tea. Limited tables still available: Phone Sylvia - 5495 5151

PINE RIVERS SLIMMERS CLUB. Trying to lose weight? Need Help? Join us every Wednesday morning at the Lions Hall, Lawnton Showgrounds from 8.15am – 9.45am. Joining fee $12. Weekly fee $3. For a relaxed social atmosphere, friendly support, nutritional advice, recipes and competitions. 30years+ in the operating in the shire. Contact Chris 3285 2949

PINE RIVERS VIEW Club meets on the third Wednesday of each month for lunch at Murrumba Downs Tavern, Murrumba Downs. Interesting speaker. On the first Wednesday of each month we have an outing to a place of interest. Ladies come and meet new friends. Visitors welcome. Phone Sandra 3425 2738 and Elizabeth 38864937

PINE RIVERS QCWA Branch meets at 9:30 am on the 1st Wednesday of each month at the Girl Guide Hut - Nightingale Road - Lawnton. All welcome to come along and for further information Phone 5495 5151.

PLAYGROUP MANGO HILL 9.10 – 10.10am each Friday (except school holidays) for families of children planning to attend Mango Hill State School. Undercover and outdoor play, music and story time for children aged 2 – 5 with their parents/carers. Program led and facilitated by a teacher. All activities are free! Come along and get to know others in our caring school community. Contact Carmel Murphy cmurp61@eq.edu.au.

PLAYGROUP REDCLIFFE - 9am Wed & Friday. 1 Richens St, Redcliffe [Redcliffe Uniting Church]. Well organised and structured playgroup. More details check out the Redcliffe Uniting Church website.

PLAYTIME ROTHWELL Thursday 9am -11am Mueller College A Block Morris Road. Suitable for children aged 0 to 4. Operates during school terms. Enjoy a cuppa and a chat with other adults while the children interact, playing with toys and doing craft. Shared morning tea is on a roster basis. Gold coin donation each week. Provided by Mueller Community Church. Contact Isabel on 3897 2869

PROSTATE CANCER SUPPORT GROUP for the Moreton Bay Region meets second Tuesday every month. There are medical profession speakers with an opportunity to talk to these and other men affected by the disease. Meetings start 6.30pm, Education Centre, Redcliffe Hospital. Men, partners and family members are welcome. More info contact Fred Travis on 3480 5904 or 0404 495 898.

P.U.B.S Home brew beer club, meets last Tuesday of every month at Kruger Hall, Kallangur at 7pm, for advice, comps and everything home brew, new members welcome, for more info call Greg on 0423205205

PULSE YOUTH is the youth program of Life! Church. Come check out the craziest games, pumping music, hear a great word, be part of a connect group and make amazing friends! Every Friday night, 6-8.15pm Kallangur State School Hall, School Rd, Kallangur! For more info contact Scott & Miriam on 0413905336 or youth - youngadults@thelifechurch.org.au

PROBUS CLUB OF KALLANGUR meets at 10am on the 4th Friday of the month at the Baptist Church Hall, Ogg Rd. Murrumba Downs, has bus trips and Walks and Talks and Morning Teas and Lunches. Visitors welcome VACANCIES NOW Joan 38863656, Ken 33841313, Dorothy32851538

PROBUS CLUB OF REDCLIFFE Inc. The Club is for Male and Female retirees Seeking fellowship and fun. We enjoy Entertainment, Coach trips, Cruises, Dine-outs, Local and QPAC Theatre days, Lawn bowls, Beach BBQs & Coffee mornings, Meetings - second Monday of every month at the Redcliffe Golf Club. President Barry Lynch 3284-3434 or 0400 270 760 gramps98@optusnet.com.au

PROSTATE CANCER SUPPORT GROUP at Redcliffe meets on the second Tuesday of every month. Medical professionals speak at each meeting and is an opportunity to talk to these as well as other men and their partners affected by the disease. Partners of men attend regularly. Meetings start at 6.30pm at the Education Centre of Redcliffe Hospital. All men, partners and family members are welcome to attend. More info contact Fred Travis on 3480 5904 or 0404 495 898.

QUEEN'S BEACH INDOOR BOWLS Club Inc. Monday 7.15pm Thursday afternoon 1.15 pm Church Hall cnr. Griffith Road. & Prince Edward Pde.Scarborough.

QUOTA INTERNATIONAL CLUB OF NORTH LAKES meets at North Lakes Health Precinct on the second Monday of each month at 6.30pm for a light supper followed by our meeting at 7 pm. If you would like new friendships, share in our local community and support local and international projects, give us a call. For more information on the work that we do and be involved with this great club, call Lyn on 0408 873 939 or Val on 3385 0661.

RECALIBRATE CHURCH 9:30am & 6:00pm every Sunday @ 3 Plume Street, Redcliffe. EVERYONE IS WELCOME! Services include full kids provision from 2-11yrs, great worship, relevant and encouraging messages and brilliant opportunities to form community and friendships. Contact the office on 07 3284 6511, office@recalibrate.church and check out our website www.recalibrate.church

REDCLIFFE BRANCH OF NATIONAL SENIORS. Meets on the last Friday each month at 10-00 a.m. for 10-30 a.m. in the "Kokoda Room " of the Redcliffe R.S.L. Club. Phone secretary Lynette on 3204 1678

REDCLIFFE CITY CHOIR practises weekly in the Rothwell area, Monday nights from 7:15 - 9:30pm. We sing a range of music - from pop, folk and jazz to classical and light opera. Most pieces are in four-part harmony. New members are always welcome! More information phone 3385 9778 or 3889 5789.

REDCLIFFE CITY LIONESS CLUB meets on the 1st & 3rd Mondays at 6.30pm at the Woody Pt Hall, Redcliffe. Make new friends & support local community projects. New members welcome. For further information contact Noelene on 3293 1222 or Trish on 3284 3498 or 040 7117212

REDCLIFFE COUNTRY MUSIC CLUB. Dalton Hall, Redcliffe Showgrounds Scarborough Rd. Socials : 3Rd.Sunday 1.00P.M. 4Th Friday Night 7.30.P.M. Quality Guest Artists & Walk-Ups. Contact Trudi on 3284 7609. All Welcome: Entry $ 4.00.

REDCLIFFE & DISTRICT FAMILY HISTORY GROUP. Membership open to anyone wishing to research their ancestors. Our Library contains over 600 books, microfiches, CD's and computer access. Help is always available, with tea, coffee and a friendly chat. We meet every Tues & Thurs morning 9.30 am till 12.30 pm, and one Mon evening a month by appointment, at the Scout Hut, Isobell Street, Clontarf. Contact 3293 0567, or email RDFHG2012@gmail.com

REDCLIFFE EXSERVICEWOMEN'S CLUB Third Monday of each month, 10.30am, Meeting Room Redcliffe RSL, Irene St, Redcliffe. Exservicewomen of all ages from all services welcome to share social comradeship with others. Phone Wendy on 3880 2602 for more details.

REDCLIFFE FAMILY FUN is a new community Facebook page listing activities and events for families in Redcliffe and other Brisbane Northside suburbs. www.facebook.com/RedcliffeFamilyFun

REDCLIFFE HEALING ROOMS Come and let God touch and heal you. Woody Point Community Centre Cnr Hornibrook Esp & Oxley Ave Woody Point Wednesday 7 - 9pm and Friday 10:30 -1pm "Grandenfrie" Cnr Anzac Ave and Duffield Rd Kallangur Monday 10am -12noon All welcome. No appointment necessary. Enquiries 07 3284 1880

REDCLIFFE HISTORICAL SOCIETY holds its general meeting on the second Friday of the month at 2pm, in the Meeting Room of the Redcliffe Library. Monthly guest speakers highlight interesting aspects of Redcliffe's history. Members and guests are invited to participate in the meeting and share afternoon tea. Enquiries to the Secretary Nette Griggs on 0458643506 or at info@redcliffehistoricalsociety.com. Website: www.redcliffehistoricalsociety.com

REDCLIFFE LADIES PROBUS CLUB Meets on the 2nd Thursday every month at The Bramble Bay Bowls Club, Hornibrook/Victoria, Woody Point at 9.30am for 10.00am. Enjoy morning tea, a guest speaker and outings. Visitors welcome. Contact Margaret 3284 4242

REDCLIFFE MULTITUDE CHOIR is a non auditioned community choir singing a mix of pop, jazz and folk music, rehearsing every Thursday night during school terms at Margate Baptist Church Hall, 27 Duffield Rd. Margate. The only requirement is a love of singing. Contact 0402 121 155

REDCLIFFE OVER 40 SOCIAL DANCE CLUB INC Meets at CWA Hall Prince Edward Parade, every Wednesday night from 6.30-10.30 pm. Band music to modern and new vogue dancing. New participants most welcomed. Supper provided. Theme nights throughout the year. Singles, new dancers and all abilities welcomed. Non profit organisation. www.over40socialdanceclub.org

REDCLIFFE OSTAMATE SUPPORT And Carers Group Meet at the Cultural Centre Redcliffe in the Schillam Room at 10am on the first Tuesday of the month. Cost is $2 and morning tea is supplied. For more information please contact Dot 5495 1335.

REDCLIFFE PENINSULAR DARTS ASSOCIATION: Players needed to our Wednesday night fixtures. A & B Division Teams. No need to register with a full team - we can certainly get you in a side now. $15 yearly registration & $4 fees per night. Licenced bar facility. Call Patty Martin 3203 8587

REDCLIFFE PENINSULA POETS Group meet on the first Tuesday of the month at the Redcliffe Cultural Centre 7pm in the Winton room. Everyone is welcome to come along. Read your own poetry or some from a book! Our next concert is on February 17- 10am Cultural Centre Redcliffe $6.50 "Valentine's Day". Lots of Laughs and fun- I'm sure you will enjoy the morning. President Janice 3889 4701

REDCLIFFE PENINSULA PROBUS CLUB meets on the 4th Tuesday of each month at the Kokoda Room, Redcliffe RSL, Irene ST. Redcliffe at 10.30am. New members most welcome. Contact President Bob Ph. 3467 3091 or Secretary Ray 3203 2611

REDCLIFFE PENINSULA SURF LIVE SAVING Want to part of the community? Fancy joining one of the most iconic Australian organisations? Ever thought of learning lifesaving skills? Situated at Suttons Beach, Redcliffe, we run a nipper program for those aged between 5 and 13 every Sunday between the months of September and March. Call 32844105 or go to www.redcliffeslsc.com.au

REDCLIFFE PENINSULA VIEW We meet on the second Thursday of each month at the Moreton Bay Boat Club for our meeting and a fine lunch. The sights and scenes seen from the deck are also something special to share and celebrate with friendly ladies gathering to help the Smith Family support Learning For Life Students. Please call Gillian on 3885 8210 if you would like to come along to share lunch with benefits.

REDCLIFFE POTTERY GROUP: Wheel-throwing classes for the beginners. Two classes on Tuesday and Saturday with 2-hour lesson over 6 weeks. Fees are $120 per semester. Classes are held at our studio at Old Redcliffe Fire Station 395 Oxley Avenue, Redcliffe. Contact Tad on 0411 339 061 or email austad@bigpond.net.au

REDCLIFFE RSL SUB-BRANCH General Meetings of the Sub-Branch every two months on the third Sunday of the month at 10.30 am. We also conduct interviews for Service pensions, disabilities and Advocacy claims covering Service personnel, police and cadets. For appointments call 3889 4872.

REDCLIFFE RUGBY UNION. Senior Rugby Union training 6.30pm Tuesday & Thursday, Veterans touch footy 6.30pm Wednesday, senior games played Saturday, Veterans games played Friday night. Seniors & veterans (35+) team info, club news & game dates at www.redclifferugby.com.au Enquiries to play Mark 0423214202 or senior.secretary@redclifferugby.com.au Ray Frawley Fields. Silcock St Clontarf.

REDCLIFFE SENIOR CITIZENS CENTRE 401 Oxley Ave, Redcliffe, 4020. Membership $8 with joining Fee $2. Activities, Table Tennis, Indoor Bowls, Darts, Concerts, Hoy, Snooker, Vogue Dancing, 500, Line Dancing, Pilates & Chee Gung. Contact 3284 1366 or 0418 796936.

REDCLIFFE SNOOKER CLUB Inc. Meets every Monday 5.00pm at our new Clubrooms, 1 Bowling Green Lane, Redcliffe for a social competition. We have 4 snooker tables and the rooms are also open to visitors 10.00am to 4.00pm every Thursday, Friday and Saturday for a practice hit. Costs are $2.00 per hour per person with partner- for further information please ring Garry Wardle 0414722189 or email snookerclub@optusnet.com.au

REDCLIFFE SPIRITUAL DISCUSSION GROUP meets at Unit 3 (down the back) 124-130 Oxley Avenue, Woody Point (near Ellen Street), on the first Friday of each month, at 7.30 pm. We explore theosophy, Alice Bailey writings, poetry of Rumi, holistic psychology of Carl Jung, the I Ching, Taoism and Zen, Feng Shui, Tibetan Buddhism, progressive Christianity, sacred sites, music, prayer, meditation and so on. All welcome. Tel: 3283 8386.

REDCLIFFE TABLE TENNIS ASSOC INC offers a social atmosphere and has a range of players from beginners to very experienced. The club is located at Clontarf High School Gymnasium in Isobel Street, Clontarf every Friday night from 7.30pm. Quality Stiga tables and 3 star balls are provided and bats are available for use by casual visitors. Charges are very reasonable. For further information contact Terry on 0407007143 or email redcliffe.tta@gmail.com.

REDCLIFFE TPI SUB BRANCH meets on the first Monday of every month, 9.30 a.m. at the Redcliffe Bridge Club Rooms in Irene Street Redcliffe (next to the RSL). All TPI, Special Rate Pensioners, prospective members and Spouses are invited to attend. Further information available from Mick Karolak on 3283 1721 or Pedro Newman on 3889 5704.

REDCLIFFE UNITING CHURCH - A Community aiming to be at the Heart of the community. Worship Sunday 9am, 1 Richens St, Redcliffe. Never boring, always engaging! Download our APP 'Redcliffe Uniting' or check out our website.

ROOMS FOR HIRE (REDCLIFFE): A variety of spaces are available to hire for your parties, events, funerals, seminars, conferences, meetings or business. Competitive prices, onsite parking and a well presented environment. Multimedia, AV equipment, Wi-Fi and catering options. FREE QUOTES GIVEN. Contact Recalibrate Church on 07 3284 6511 or office@recalibrate.church for details.

ROTARY CLUB OF KIPPA RING-NORTH LAKES meets Wednesdays from 6.15 pm at Rotary District Office : Evergreen Centre 14-18 Discovery Drive, North Lakes. Rotary connects 1.2 million members from 34,000 clubs in 220 countries. Come join us. Once a week, we meet to help others in the wider community. It's life changing. Contact Garry Gibson on 0419 742 769

ST JOHN AMBULANCE Moreton bay Cadets and Adults ages 8 and up meet Thursdays from 6:30pm at the Redcliffe SES hall 35 – 41 Portwood Street Redcliffe. For more information contact the Divisional Manager on 0402 895 206

SATURDAY MORNING BICYCLE RIDE in and around north lakes. I am seeking riders utilizing bike lanes and bikeways in a safe and friendly environment. 7am starts with a coffee/ drink break. beginners and intermediate riders, not setting any land speed records just enjoying the great infrastructure of north lakes. Phone Dean at Allsorts- BERG ph 0431286322

SCOUTS offers an exciting and adventure filled learning environment for youth members. Interested? Kallangur Scout Group invites boys and girls from age 6 upwards to join in the fun. For further info contact the Group Leader Chris on 0404 438014.

SEASONS a Loss and Grief peer support program for Adults. Seasons consists of 6 x 2 hourly sessions comprising of 6 to 8 participants per group, and is facilitated by trained companions. The program uses the different seasons and images from nature to help people cope with their loss and grief. Contact: Trevor Andrew 0421 901 737 Sheryl Windsor 0402 819 385 Annette Plummer 0413 052 110

SHED HAPPENS FOR MEN on 4th Monday of each month John Naumann Hall Deception Bay Road Deception Bay. Guest Speakers, hear blokes tell their stories. Shed night is a place where men are inspired to be the best they can be as blokes, fathers, husbands, sons and mates. All Men welcome from age 16 to 116. BBQ starts 6pm donation $10.00. contact: Trevor Andrew 0421901737 Paul Chambers 0419 998 815

SINGLE SENIORS OVER 60yo in Moreton Bay area. Would you be interested in joining a small social group of single men and women? We've all experienced the times when we would like to dine out, see a movie, have a picnic, see a show etc etc but maybe not on our own!! So why not join our group and share company. If interested, please email Kate at hopexyz1@hotmail.com.

SLIMMER'S SUPPORT GROUP, KALLANGUR, meets at Q.C.W.A. Hall, Anzac Ave., Kallangur on Friday Mornings at 9 am. NEW MEMBERS WELCOME. For more information please contact Bev. 3882 4598, Denise 3205 3989 or Gail 3204 4163 **.**

SMALL DOG CARER'S CLUB Meet other dog lovers and socialise your small dog with other small dogs. Join the club and have your dog lovingly cared for while you are on holidays, no need to use a kennel. We meet once a month on the first Monday of the month. New members (retired or semi- retired) are welcome. Phone Kevin on 3881 1282.

SOCIAL COFFEE LOVERS GROUP If you enjoy coffee and stimulating conversation, and meeting new people then join us to take advantage of some of the beautiful Peninsula cafes on offer. If interested email Carolyn at carolyn2527@hotmail.com.

SOROPTIMIST INTERNATIONAL Moreton North Inc. is a global voice for women representing 90,000 members in 126 countries. Our projects assist women and girls to access education and leadership opportunities, health care and human rights locally and internationally. Regular meetings and social events are held throughout the Moreton Bay Region. Contact Caryl 0417 730 155 or Audrey on 0402776840 Email simoretonnorth@siswp.org www.soroptimistinternational.org

SOUTH AFRICAN LADIES GROUP Join the "SA LADIES – North Lakes" facebook page to connect with fellow South Africans in the North Lakes and Surrounding areas. Contact Catherine for more information. 0406781261 or monksc@gmail.com

SPECIAL OLYMPICS MORETON NORTH CLUB. We are a regional club of Special Olympics Australia. We bring the benefits of regular sport and competition to children and adults living with an intellectual disability, in the Moreton Bay region. Sports offered are swimming, basketball, athletics, soccer, cricket, golf, ten pin bowling and gymnastics. For more information, please contact Louise on 0411 822 055 or email SOMN.louisegee@outlook.com.

SPINAL LIFE AUSTRALIA'S BRISBANE Post Polio Network will meet at 2.00 pm on Saturday 6 February at Spinal Life Australia, 109 Logan Road, Woolloongabba. (Entrance and parking off Baladava Street). New members are welcome. For more information please contact Jeanette on 3435 3140

SPINAL LIFE AUSTRALIA'S MORETON BAY Spinal Injuries Network meets at 1.00pm on Wednesday 3 February, 2016 at the Kallangur Memorial Bowls Club, 1351 Anzac Avenue, Kallangur. Guest speaker will be the Coordinator – Member Networks. New members welcome. For more information phone Spinal Life Australia on 3435 3140.

SUPPORT FOR PARENTS Concerned about your teen's behaviour? Don't know what to do? You're not alone. A lot of parents are facing problems just like yours.

SUPPORT GROUP FOR MEN. Men Supporting Men Inc. meets at the new Neighbourhood Centre, 9 George St, Caboolture (opposite the Caboolture State School) every Thursday from 6:45pm-10pm. The group encourages self awareness in a safe and supportive environment. Any man is welcome to attend. Enquiries: Allan 5497 4022 or Paul 0401 625 141 up to 9pm.

SUPPORT GROUP for women battling their poker machine addiction. I am dealing with a pokies addiction and am on my way to beating it. One thing I always wanted was someone to talk to who understood. This group is not therapy or a cure but a chance to share our experiences and, maybe, help each other beat our addiction. Meet Wednesday evenings 7.30pm, Redcliffe. Please email me for details. arenaissance@live.com.au

SWIMMING CLUB Would your child like to learn how to race and participate in swimming meets? If your child can swim a minimum of 25m join us for a free introductory club night (conditions apply). Year-round, indoor heated 50m pool. www.australiancrawl.swimming.org.au or phone Shane 0410 468 205 or Jane 0403 859 185

TABLE TENNIS ASSOCIATION in Redcliffe hosts Table Tennis at Clontarf High School Gymnasium, Isobel Street, Clontarf on Friday Nights at 7.15pm. We provide the balls and have a range of bats available for use. The environment is social and new players/beginners are welcome. The nightly fees are very reasonable so for further information, please contact Terry on 0407007143 or email redcliffe.tta@gmail.com.

TEAR Groups are local groups that meet to discuss issues relating to poverty and injustice in Australia and overseas and to advocate on the behalf of disempowered and poor people – most often the poorest of the poor. A Christian Justice Group, meets locally on the first Monday of each month from 7pm-9pm. If you care about poverty, injustice and advocacy for the poorest of the poor then please join us. Phone Di on 073888 0571 or 04-08881507 for details of meetings.

TUESDAY CLUB INC. is a non-profit working organization that raises funds for the Underprivileged & Disadvantaged within the Redcliffe Area. Meetings are held at the Moreton Bay Boat Club every 2nd Tuesday of the Month at 10am, New Members very welcome. Contact Marion 3284 1526 or Loela 3284 4167

U3A REDCLIFFE INC. provides an educational environment for people in the third stage of life. It holds a variety of classes run by volunteer tutors. A subscription of $20 per year applies and a small fee for each class of $2. Computer classes are $30 for 8 weeks. Make enquiries at the office on Level 1, 157-159 Sutton Street or call 3284 2687 email u3a@u3aredcliffe.org.au. More information is on the net at www.u3aredcliffe.org.au

UNITING CARE & TARGET CHRISTMAS APPEAL. Please drop off a gift or make a donation at your local Target store. These gifts will help us deliver hope and happiness to people in our local community who are doing it tough. LET'S PUT A SMILE ON THEIR FACES!

WEIGHT REDUCTION CLUB OF REDCLIFFE. A not for profit body assisting people to solve the problem of being overweight. We meet every Tuesday morning at the Community Hall, Morris Rd, Rothwell from 8:30 am. New members welcome - for more information ph: 3283 7118 or 0424 671 554 or email wrcredcliffe@hotmail.com

WORLD HARVEST MINISTRIES. You are invited to our Sunday worship services 9am and 6.30pm! Come and experience the presence and power of God! Let your life be transformed, receive healing in your body, soul and spirit. Learn about God's truth. We teach the uncompromised Word of God. Families welcome! 53 Telegraph Road, Bald Hills. Tel: World Harvest Ministries 3261 4555.

YE OLDE BRASS RSL MEMORIAL BAND Redcliffe Inc Present their Annual Christmas Concert Featuring Christmas Carols; and other Popular Christmas Tunes Santa and Christmas Raffles Date: Sunday 13th December 2015-11-13 Time: 1.45 PM Venue: Redcliffe RSL Kakoda Room Admission: FREE

YOUTH GROUP The Salvation Army, Redcliffe Come join us on the 1st and 3rd Friday of the month from 7 til 9 pm and enjoy a mass of activities from old school video games to ping pong and movies. We are located on Ashmole Road, Redcliffe (Turn left off Anzac Ave). Check out Facebook.com/VisionYP for contact information and further details.

ZONTA CLUB REDCLIFFE Membership is open to all women who are actively involved in business and professions. Meetings are held on the 4th Monday at each month. Interested? Further information may be obtained by contacting info@zontaredcliffe.org.au Or: 0457426806

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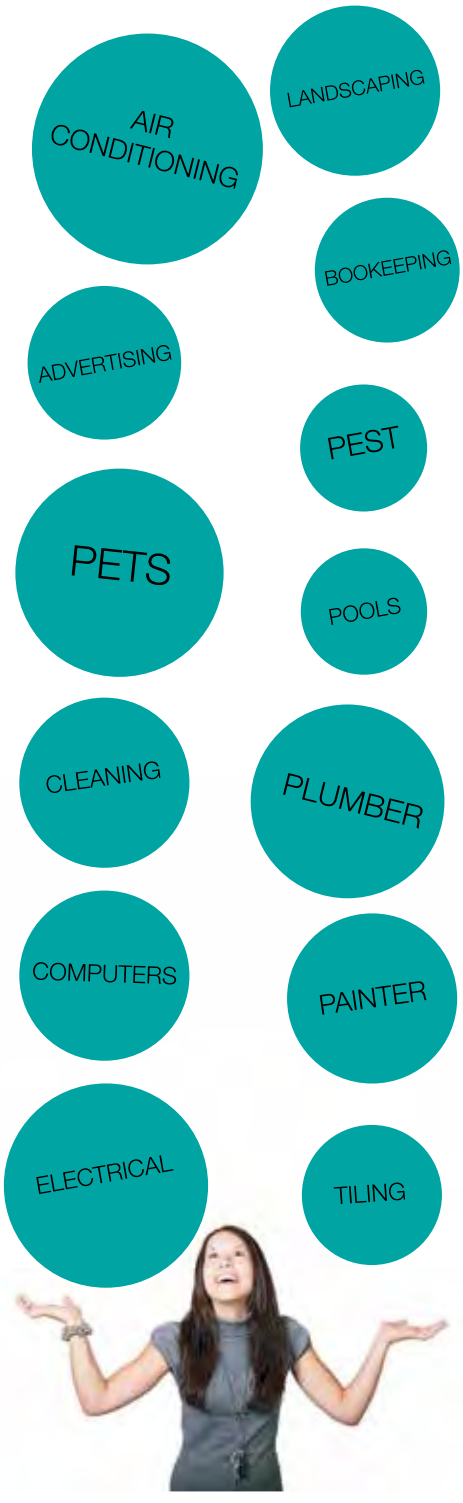

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